DOCTORS FOR YOU
THERE TO CARE

2024-25 Annual REPORT

1o Cr+
Lives Touched

"Healing Across Nation"

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Preface

The year 2024–25 reflected Doctors For You (DFY)'s unwavering commitment to addressing diverse public health challenges across India. As the nation navigated persistent health disparities, DFY remained a beacon of resilience—working tirelessly to bridge gaps in access, equity, and quality of care.

Guided by our mission to provide sustainable, equitable, and impactful healthcare to the most vulnerable, DFY expanded its footprint and deepened engagement across 28 states and 4 union territories. This year's interventions spanned a wide spectrum—from delivering essential health services in underserved areas to responding promptly to disasters and public health emergencies. Our efforts also focused on strengthening grassroots health systems through capacity building, awareness generation, and community empowerment.

This annual report captures our collective journey—a testament to the dedication, compassion, and perseverance of our field teams, program partners, and supporters. It highlights achievements across thematic areas including maternal and child health, tuberculosis control, cancer care, nutrition supplementation, disaster response, and skill development. We also share our contributions to research, policy, and partnerships that have further enhanced our impact.

As we look ahead, DFY remains steadfast in its vision of "Health For All." With compassion, innovation, and collaboration at our core, we will continue striving to ensure that every individual—regardless of geography or circumstance—has access to quality healthcare. Our journey continues—one initiative, one community, one life at a time.

Executive Summary

The Annual Report 2024–25 of Doctors For You (DFY) highlights a year of significant expansion, innovation, and impact across India's healthcare landscape.

Throughout the year, DFY responded swiftly to disasters—including floods in Kerala and Assam, heatwaves, and cold waves—providing medical aid, relief materials, and psychosocial support to over 26,000 people. In tuberculosis control, DFY supported more than 160,000 patients with comprehensive detection, diagnosis, and treatment services in high-burden regions.

Maternal and child health initiatives such as the Holistic Program to Nurture 1000 Days of Life and Swastha Mata Swastha Balak strengthened antenatal care, institutional deliveries, and immunization. Project Aastha extended assistance to over 2.75 lakh oncology patients and 15,000+ rare disease patients through helpdesks, nutrition kits, prostheses, and counseling.

Mobile Medical Units reached remote populations, while infrastructure upgrades included dialysis units, histopathology labs, and health center enhancements. DFY's programs on WASH, menstrual hygiene, and anemia improved preventive health. The organization also promoted digital health through ABDM and eIMNCI, trained frontline workers, and contributed to health research.

In sum, DFY's work in 2024–25 reflects a holistic, community-based approach to healthcare—addressing critical health needs through crisis response, primary care, infrastructure, health education, and digital innovation with dedication and compassion.

Message from the Founder

Dr Ravikant

Founder

It is a significant milestone as we celebrate 18 years of unwavering dedication to public healthcare—especially the growth, innovation, and deeper community impact achieved in recent years.

Moving ahead, our focus remains on maintaining excellence while nurturing the next generation of DFY leaders. By empowering our teams and fostering local innovation, we aim to sustain momentum and continue delivering equitable healthcare where it's needed most.

The theme, Strengthening DFY Medical Infrastructure—reflects a defining chapter in our mission to build robust, accessible, and equitable healthcare systems across the country.
2024–25 was a year of meaningful progress. We invested in hospitals, diagnostics, dialysis centers, and mobile units, not just to deliver care—but to transform how and where care is delivered. Our aim has been clear: to ensure that the most vulnerable communities receive timely, quality healthcare—whether in a tribal village, disaster-hit district, or urban slum.

I am especially proud of our progress under the visionary leadership of Dr. Rajat Jain. Also, this transformation would not be possible without our dedicated team of healthcare professionals, field staff, volunteers, and supporters. Their tireless work —often in the harshest of conditions—reminds us that true impact lies in the lives we touch, the trust we build, and the systems we strengthen.

Looking ahead, we remain committed to deepening our impact through innovation, capacity-building, and partnerships. As public health challenges evolve, so must we —adapting our approaches, scaling our efforts, and always keeping people at the center of everything we do.

Let us continue this journey with courage and purpose, united in our vision to shape a healthier, more equitable future for all.

With gratitude and determination,
Dr. Ravikant
Founder, Doctors For You

Message from the President

Dr Rajat Jain
President

As Doctors For You (DFY) completes 18 years of committed service, I am filled with immense pride in our journey and the lives we've touched along the way. This year defined by resilience, rapid action, and deeper investments in strengthening India's health infrastructure that bring quality healthcare closer to those who need it most.

In 2024–25, our focus was not just on responding to urgent health needs, but on creating lasting systems that empower people and protect lives. From remote villages to urban slums, we have worked to ensure that healthcare is not a privilege for a few, but a right for all.

We enhanced infrastructure in over 150 health facilities across 28 states and 4 union territories, equipping hospitals, supported diagnostic and dialysis centers. From histopathology labs in Nagaland to the Bone Marrow Transplant Unit setups and refurbished PHCs, our projects bridged critical service gaps.

Our work went beyond infrastructure—transforming lives through cancer care helpdesks, maternal and child health programs, and mobile medical units reaching remote areas. We responded to disasters across India, aiding over 26,000 individuals. Under Project Aastha, 2.75 lakh oncology and 15,000+ rare disease patients were supported. Our TB programs notified 160,000+ cases, and over 7,000 pregnant and lactating women received critical care.

DFY also made significant strides in digital transformation through the Ayushman Bharat Digital Mission, strengthening health systems across several states. None of this would be possible without our extraordinary team, partners, and supporters. Your dedication fuels our mission.

As we look to the future, let us continue to build systems that endure, empower communities, and uphold our shared vision of Health for All.

With gratitude and commitment,
Dr. Rajat Jain
President, Doctors For You

Message from the Secretary

Mr Saket Jha

Secretary

It is a privilege and profound honor to serve as the Secretary of Doctors For You (DFY), an organization that continues to lead with compassion, dedication, and innovation in public health.

In 2024–25, I have witnessed DFY's unwavering commitment to delivering quality healthcare to the most vulnerable and underserved communities. Our dedicated team of medical professionals, frontline workers, volunteers, and support staff have tirelessly responded to humanitarian crises, strengthened health systems, and addressed emerging public health challenges across India and beyond.

DFY's impact this year has been remarkable—ranging from upgrading health facilities, emergency responses, mobile medical units, maternal and child health care and digital innovations. Our ability to swiftly act in times of crisis, while simultaneously implementing sustainable health interventions, reflects our resilience and long-term vision.

Our continued work in marginalized and disaster-affected regions, supported by innovative public health strategies, has saved lives and empowered communities. Through capacity-building, equitable service delivery, and targeted awareness campaigns, we have worked towards reducing health disparities.

I extend my heartfelt gratitude to our teams, partners, donors, and supporters. Your collective dedication drives our mission forward.
As we look ahead, I am confident DFY will continue to advance health equity and create a healthier, more inclusive future.

With gratitude and determination,
Mr. Saket Jha
Secretary, Doctors For You

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DFY MAP

2024-25

DOCTORS FOR YOU
THERE TO CARE

Rajasthan
Rural Hospital
Skill Development
Cancer Program
Maternal Health & Child Nutrition
Hospital Capacity Building
Mobile Medical Unit
NCD Program
TB Program

Punjab
Environment & Sustainability Program
Skill Development
Hospital capacity Building
Cancer program
Mobile Medical Unit
NCD Program
ABDM

Maharashtra
Regional Office
Urban & Rural Hospital
Maternal Health & Child Nutrition
Cancer Program
Skill Development
Disaster Relief Responses
Hospital Capacity Building
TB Program
Mobile Medical Unit
NCD Program
ABDM

Karnataka
Regional Office
Urban & Rural Hospital/Health Centres
Cancer program
Maternal Health & Child Nutrition
Disaster Relief Responses
Skill Development
Water, Sanitation & Hygiene
Hospital Capacity Building
Mobile Medical Unit
NCD Program
Rare Disease

West Bengal
TB program
Hospitals/Health Centres
Mobile Medical Unit
NCD Program
MCH Program
Skill Training Centre
Disaster Response

GOA
Environment & Sustainability Program

Jammu & Kashmir
Rural Hospital
Water, Sanitation & Hygiene
Skill Development
Disaster Relief Responses
Maternal Health & Child Nutrition
Hospital Capacity Building
Cancer Program
Mobile Medical Unit
NCD Program

Delhi
Head office
Urban Health Centre/Hospital
Hospital capacity Building
Skill Development
Mobile Medical Unit
NCD Program
Rare Disease
Cancer Program

Gujarat
Cancer Program/Centre
Hospital Capacity Building
Skill Development
Disaster Response
Mobile Medical Unit
MCH Program
NCD Program

Puducherry
NCD
Cancer
Hospital Capacity Building

Kerala
Environment & Sustainability Pro.
Hospital Capacity Building
Disaster Relief Responses
Mobile Medical Unit
NCD Program

Madhya Pradesh
TB Program & Research
Skill Development
Hospital Capacity Building
Mobile Medical Unit
NCD Program
Rare Diseas
Research Projects
ABDM

Tamil Nadu
Water, Sanitation & Hygiene
Skill Development
Disaster Relief Responses
Hospital Capacity Building
Cancer Program
Mobile Medical Unit
NCD Program

Andaman and Nicobar
Equipment Donation

DOCTORS FOR YOU
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Doctors For You
Pan India Activities

28 States & 4 Union Territories
200+ Districts
1400+ Employees
5000+ Empanelled Volunteer Doctors

Uttarakhand
Disaster Relief Responses
Environment & Sustainability Prog.
Hospital capacity Building
Mobile Medical Unit
NCD Program

Haryana
Skill Development
Hospital capacity Building
Environment & Sustainability Program
Mobile Medical Unit
NCD Program
Disaster Response

Himachal
Hospital capacity Building
Mobile Medical Unit
NCD Program
Disaster Response

Ladakh
Hospital Capacity Building

Odisha
Disaster Relief Responses
Hospital capacity Building
Hospitals/Health Centres
Mobile Medical Unit
NCD Program

Andhra Pradesh
Hospital capacity Building
Skill Development
Disaster Relief Responses

Telangana
Hospital capacity Building
Dialysis Centre
NCD Program

Chhattisgarh
Rural Hospital/Health Centres
Maternal Health & Child Nutrition
Hospital capacity Building
Cancer Program
Mobile Medical Unit
NCD Program

Assam
Regional office
TB Program
Cancer program
Water, Sanitation & Hygiene
Disaster Relief Response
Skill Development
Hospital Capacity Building
Mobile Medical Unit
NCD Program

Meghalaya
TB program
Hospital Capacity Building

Uttar Pradesh
Cancer Program
TB Program
Skill Development
Water Sanitation & Hygiene
Hospital Capacity Building
Environment & Sustainability Program
Mobile Medical Unit
NCD Program
ABDM

Bihar
Regional Office
Urban & Rural Hospital/Health Centres
Maternal Health & Child Nutrition
Cancer Program
TB Program
Skill Development
Disaster Relief Responses
Hospital Capacity Building
Mobile Medical Unit
NCD Program
ABDM

Jharkhand
TB Program
Maternal Health & Child Nutrition
Hospital Capacity Building
NCD Program

Manipur
Hospital Capacity Building
Mobile Medical Unit
Disaster Response
Maternal Health & Child Nutrition

Sikkim
TB Program
Disaster Response

Nagaland
Maternal Health & Child Nutrition
Skill Development
Hospital Capacity Building
Dialysis Centre
Nursing College

Lakshadweep
Hospital capacity Building

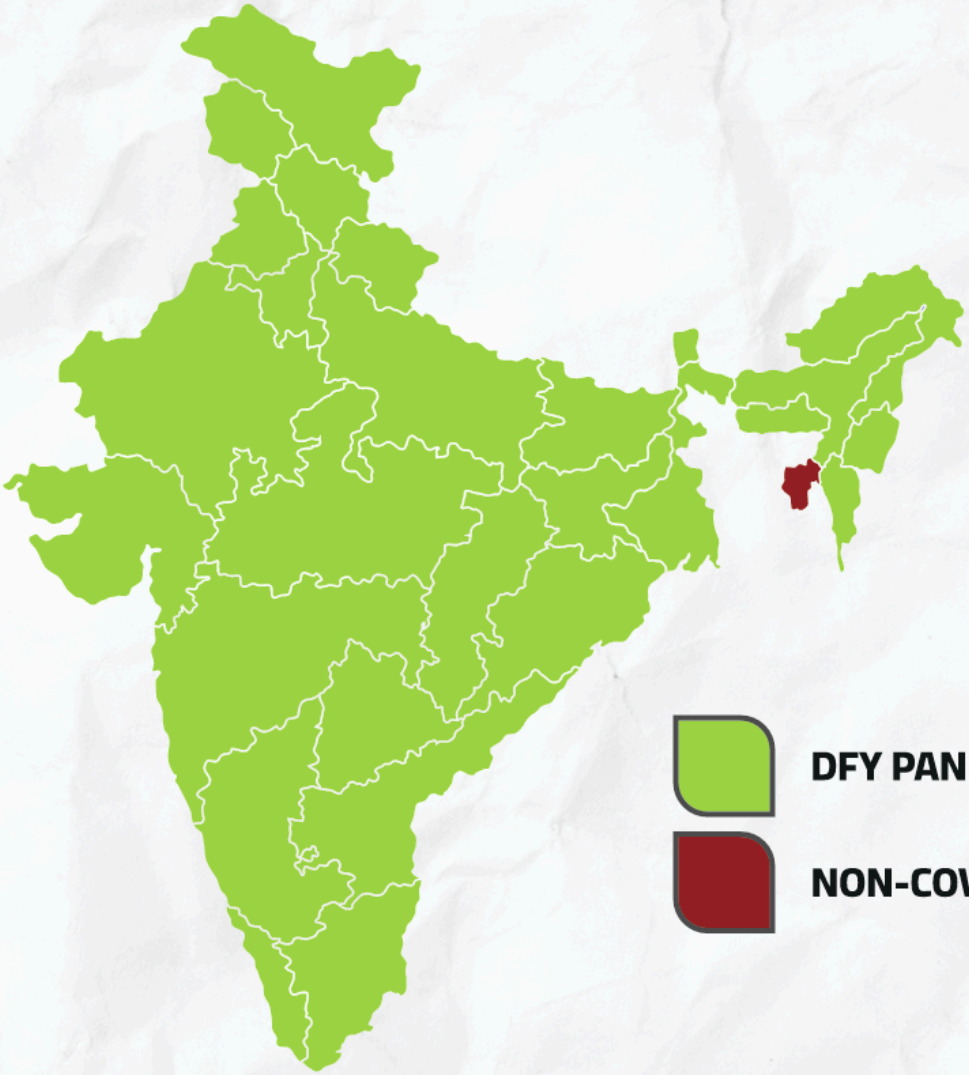
Chandigarh
ABDM
PPSA

STRATEGIC REACH ACROSS 1 IN EVERY 4 DISTRICTS

Healing Across the Nation

FROM J&K TO KANYAKUMARI

FROM GUJARAT TO ARUNACHAL PRADESH



10 CR+
LIVES TOUCHED

DFY PAN INDIA COVERAGE

NON-COVERAGE

DOCTORS FOR YOU
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Doctors For You

- Doctors For You (DFY) is a registered society, under the Societies Registration Act 1860 Section 21.
- Aiming to provide medical care to the vulnerable communities during crisis and non-crisis situation, emergency medical aid to people affected by natural disaster and epidemics.

Registration no. F-56886(Mum)
Founded in 2007

Mission: Providing sustainable, equitable, effective and efficient health care services to the most vulnerable individuals and communities.

Vision: Health For All
Values: -Compassion
-Equity
-Accountability
-Resilience

DFY functions on humanitarian principles of humanity, impartiality, and neutrality.

Thematic Area

- **Health System Strengthening**
- **Disaster Response**
- **Communicable Diseases**
- **Non-Communicable Diseases**
- **Maternal & Child Health**
- **Public Health**
- **Research**
- **Training & Skill Development**

200+ Districts

4 Union Territories

28 Indian States

Our Journey

How we started

DFY began in 2007 in a hostel room at GS Seth and KEM Hospital, Mumbai, when two PG students responded to a dengue and leptospirosis related blood crisis by organizing donation drives. A donated computer from one senior became first office setup in hostel room.

2007

- Registered & founded
- Launched Asia's 1st platelet donation & awareness drive in Mumbai

2008

- Bihar Flood Relief work outreached

2009

- Started 1st Urban Health Center with Mumbai Regional Development Authority (MMRDA) for the Project Affected Persons (PAPs) in Govandi, Mumbai
- SAARC Youth Award for Outstanding Contribution to Humanitarian works in the aftermath of Natural Disaster in Bihar

2010

- British Medical Journal (BMJ) Group Award - "Best team in Crisis Zone Category" for the flood response in Bihar
- Gujarat Chief Minister Shri Narendra Modi felicitated DFY for its humanitarian services
- Bihar Foundation Award for Excellence in Social Service
- Rally for health and Auto Rickshaw Rally with doctors from USA to generate awareness on harmful effect of Tobacco

2011

- Responded to Odisha & Karnataka floods

2012

- Kokrajhar Ethnic Clashes response, Assam
- Launched MISP (Minimum Initial Service Package) in Chirang district, Assam for women's health issues during emergencies
- TISS ASDMA Capacity building and training program for "Public Health in Emergencies"

2013

- Uttrakhand flood response along with UNICEF
- Started Mankhurd Health Centre with Mumbai Railway Vikas Corporation (MRVC) for Project Affected People
- Best doctors award by at Star TV Award

2014

- Kashmir Flood Response along with UNICEF
- Assam flood response
- Guwahati Emergency Management Exercises
- Ananya Project in Bihar focused on District Health System Strengthening with support of CARE India

2024-25

- Strengthened over 150 health facilities & enhanced service delivery nationwide
- Launched eIMNCI digital tool in Jharkhand
- ABDM expanded in 7 states
- Disaster response to floods, Heatwaves and landslides benefited over 26,000 people

2023

- Global Fund Grant for TB Project
- NDTV True Legend Awards & Junoon Awards
- Implemented Ayushman Bharat Digital Mission (ABDM) in 3 states
- Established Disaster Secretariats

2022

- ICMR TB Project in tribal district, MP
- Health center in Angul Odisha & Belur West Bengal Assam, Bangalore,
- Uttarakhand and Himachal Flood Response
- 1000 Days Program

2021

- Doctors for You listed among Top 50 NGO's, by World Economic Forum
- COVID- 19 Vaccination program achieved target of 1 Crore
- CSR BOX award
- Bihar Flood response: Bihar, Kerala, Uttarakhand
- Teleconsultation and Call Centre Support
- Best International NGO Award, Ketto

2020

- Model Anganwadi project with the support of Selco Foundation
- Established Vistex Hospital and started Malnutrition Project
- Fani Cyclone Orissa relief response
- Acute Encephalitis Syndrome Response Muzaffarpur Bihar

2019

- COVID-19 Pandemic Relief Response started in 18 states across India

2018

- Started Cancer Help Desk Program
- Started Crop Residue Management Program in Punjab & Haryana
- Published Study on association of structural factors & TB in slum rehabilitation in Mumbai

2017

- 2nd Northeast India Women Initiative for Peace (NEIWIP) Award for remarkable work and dedication to women & peace issues in North East India
- Started Nutritional support for MDR TB patients in 5 states across India
- Launched Skill Development program & School Led Total Sanitization Program
- District level Emergency Management activity

2016

- Strengthening Drug-Resistant TB Program in 7 states across India
- Launched Hedavali Health Nutritional program
- Started Mahul Health Center in Mumbai
- Completed 100 heart surgeries for children

2015

- Nepal earthquake relief work
- Golden Ruby Award, Honored by Ex.President (Dr. A P J Abdul Kalam) for humanitarian relief work across India
- Opened 3rd Maternal & Child Health Center in Mumbai
- Constructed 538 family toilets in Bandipora district, Kashmir with the support of CII
- Started NMBT Health Centre at Masarhi, Bihar supported by Naraindas & Morbai Budhrani Trust

Milestone Achieved

Tracking Impact, Treating Illness

(Communicable Disease Control)

- Largest Patient Provider Support Agency in India under National Tuberculosis Elimination Program (NTEP)
- 800,000+ TB patients identified, enrolled under NIKSHAY scheme, & provided treatment, support, follow-up-achieving 80% success rate
- 25,000+ Households Reached & referred in the Fight Against Measles

(Non-communicable Disease Control)

- **1,532,000** Patient Navigation & counselling to cancer patients
- **10,312,665** Screened, supported and referred–Outreached for Early Cancer Detection
- **148,956** Patients supported through Government Schemes
- **17,316** Beneficiary supported under Rare Disease Programme

Health System Strengthening before & after Disaster

- **150** Hospitals strengthened with Medical Equipment donation
- **1,210,665** Paramedical training given
- **4000+** Beneficiary supported in Mental Health & Psychosocial support
- **27** Transforming Walls into Wellness Strengthening Infrastructure through Strategic Refurbishment
- 6 Ongoing Research Projects in NCD, MCH, Anti- Microbial Resistance, TB & Quality Care and 10 Publications

Milestone Achieved

Delivering Integrated Public Health Solutions

- **24000+** Patients screened, supported & referred for Anemia
- Screened, Treated, Referred–2,562 under 5 Children in the Journey from Malnutrition to 97 percentile
- Adopted 202 Women under 1000 Days-Commitment to Maternal & Child Health in urban slums
- Clinic on Wheels–Health at the Doorstep, Reaching the Unreached
- **10,00,000+** Beneficiaries were supported through 12 operational DFY Health Centers offering screening, treatment, referrals & follow-up services

Health System Strengthening During Disaster

- 24*7 Call center support
- 24*7 Running Disaster Secretariat support
- Rapid Response within 24 hours during Disaster
- **5000+** Empanelled Volunteer Doctors
- **47** Rapid Relief, Real Impact–Makeshift Hospitals during covid-19 waves in 3 Days
- 1% Contribution in covid-19 vaccine delivery
- **84,000+** Covid patients treated With 90 % success rate

Projects of 2024-2025

Hospitals and Health Centers

- *Meena Devi Jindal Medical Institute And Research Centre*
- *CH Pulwama, Jammu and Kashmir*
- *Vistex Hospital Masarhi, Bihar*
- *MMRDA-Natwar Parikh healthcare center, Maharashtra*
- *Mandala Health Center, Mankhurd Mumbai*
- *BC Jindal Health Centre Dereng Angul Odisha*
- *BC Jindal Health Center, Nalwa, Haryana*
- *BC Jindal Health Center, Belur, Howrah, West Bengal*
- *MRVC-Lallubhai Compound, Govandi, Mumbai*
- *Allopathy Heath Center, Mahul*
- *24*7 Emergency Ambulance service, Mahul and Rasayani*
- *Dialysis center setups-Noida UP, Guna MP, Karnataka, North-east*
- *HR support at Lok Nayak Hospital, New Delhi*
- *KPCL Yelahanka Hospital, Yelahanka Bangalore*

Public Health

- *Access to Care: Nagaland Wellness Initiative*
- *WASH Initiative – Govandi, Mumbai*
- *Shapoorji Pallonji Finance Private Limited (SPFPL) project*
- *Menstrual Hygiene Initiative*
- *Health system strengthening Jambulpada Panchayat, Raigad*
- *Promoting and Strengthening Seafood Processing Industries (SPI) Workers' Access to Primary Healthcare*
- *NIHR NCD Project*
- *Mega Health camps*
- *Empowering Health through Camps and Equipment Support*

Tuberculosis Projects

- *Drug Resistant Tuberculosis Project (DRTB)*
- *Comprehensive tribal TB management Program*
- *100 Days TB Elimination Campaign*
- *Inputs Based Financing (IBF) improve screening, detection and management of pediatric tuberculosis in Rajasthan*
- *Patient provider support agency (PPSA)-Bihar, Delhi, Maharashtra, Odisha, Uttar Pradesh*

Disaster Management & Emergency Response

- *Heat Wave response*
- *Cold wave Response*
- *Himachal & Uttarakhand Cloud burst*
- *Cyclone Dana & Fengal Assessment*
- *Flood response Walmart Kerala*
- *Flood Response Walmart Assam*
- *Flood response Flipkart Kerala*
- *Flood Response Flipkart Assam*
- *Flood Response IDFC Kerala*
- *Psychological Care & Support Program*

Maternal & Child Health

- *मातृ-शिशु स्वास्थ्य संगिनी: Nurturing the First 1000 Days of Life*
- *Swastha Mata Swastha Balak program*
- *Maternal & Child Health Services (MCH)*
- *Technical Assistance to District Administration of Purnea and Gaya in SBC for Maternal & Child Health*
- *Boosting Demand for Routine Immunization and Reducing Zero Dose Children*
- *eIMNCI (Integrated Management of Neonatal and Childhood Illness)*
- *Anemia Mukt Bachpan*
- *Metropolis Anemia Prevention Programme (PEHEL)*
- *Iron Shakti Program*

Mobile Medical Unit

- *SBI Sanjeevani – Clinic on Wheels: Ferozepur - Punjab*
- *Community Health & wellbeing Program*
- *SBI Sanjeevani Clinic On Wheels Mumbai*
- *Sehat Ka Safar Kotak Health Camps*
- *MMU in Tamil Nadu*
- *10 MMU Chhattisgarh-REC*
- *SBI Nirantar Seva Mumbai Pune Expressway*
- *R1RCM Camps: Comprehensive health checkups & NCD screening camps*

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Cancer Projects

- *Project Aastha-Cancer Helpdesk Programme*
- *Project Aastha-Rare Disease Helpdesk Programme*
- *Distribution Initiatives-Wig Distribution*
- *Nourish to Flourish: Nutritional Support to Cancer Patient*
- *Knockers Kit Distribution*
- *Women Cancer Warriors*
- *Cancer Screening & Health Camps*

Health System Strengthening

- *AIIMS IT Equipment Support*
- *Srikakulam Equipment Support*
- *Arunachal Pradesh Equipment Support*
- *Vistex Equipment Support*
- *Sikkim Equipment Support*
- *Nagaland PHC Upgradation*
- *Bone Marrow Transplant (BMT) Unit, PGICH, Noida*
- *AIIMS Kitchenette Renovation*
- *Infra Hosokota Taluka Hospital*
- *Strengthening Diagnostic Capabilities at Safdarjung Hospital*
- *Wall Construction at Mahatha Village, Bihar*
- *Histopathology Lab Set-Up, Mokokchung, Nagaland*
- *Strengthening Healthcare Infrastructure and Service Delivery in Three Districts of Tamil Nadu*

Integrated Health & Skill Development Programs

- *Garima*
- *Hygiene Technicians Training Program*
- *Skill Development Project for underprivileged*
- *Ayushman Bharat Digital Mission (ABDM)-Uttar Pradesh, Madhya Pradesh, Bihar, Maharashtra, Assam, Chandigarh, and Haryana.*
- *Ayushman Bharat Card Enrollment Program*
- *Bridge the Gap*
- *Soap For Hope*
- *Linen For Life*

Hospitals and Health Centers

Meena Devi Jindal Medical Institute & Research Centre

- MDJMIRC, a charitable healthcare center in New Delhi, partnered with DFY from May 2022.
- In 2024–25, over 77,810 people benefited from general OPDs, multiple specialties, diagnostics, and outreach services.
- Diagnostics: 5,000+ lab tests, 3,000+ radiological tests, 400+ dialysis, and 300+ USG conducted.

Reach

- **Awareness Sessions: 9,184 people**
- **Health Camps: 2,856 individuals**

Supported by: B.C. Jindal Foundation

Community Health (CH) Center Pulwama, Jammu & Kashmir

- Doctors For You (DFY) has been providing healthcare services at CH Pulwama since 2022.
- The physiotherapy unit remained functional throughout the year, with increased patient inflow during winter months.
- Patients with conditions like facial palsy, autism, osteoarthritis, stroke, and fractures benefited from the services with good recovery outcomes.
- Sampoornata abhiyan campign also organized in two blocks Achegoza (Pulwama) and Manzgam (Kulgam) for ANC and NCD screening.

Total OPD Footfall: 912

Block/ District	ANC Count	NCD Count	Awareness
Achegoza (Pulwama)	41	64	78
Manzgam (Kulgam)	16	7	0
Total	**57**	**71**	**78**

Vistex Hospital

Vistex Hospital in Masarhi, Bihar, is a DFY operated healthcare facility. Opened in 2019, it serves around 400,000 people from nearby villages, offering 24/7 services.

Masarhi
Fatuha
Patna

Services Available

OPD Services
- General Medicine
- General surgery
- Obs & Gynae
- Dental
- Physiotherapy

In Patient Services
- 50 beds
- Daycare
- Pre OP, Post OP
- HIDU (10 beds)
- ICU (5 beds)
- Dialysis

MCH Services
- Normal Deliveries
- Caesarian section
- Antenatal Services
- Postnatal Services

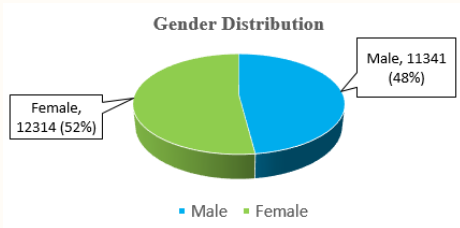
Diagnostic Services
- CT
- X ray
- USG
- Pathology, Microbiology, Biochemistry labs

Procedures
- Free minor surgeries
- Minor wound Dressing
- Plaster
- Oral cancer surgeries
- Biopsies

Outreach Activities
- MMU-Health camps, general checkups
- Stabilization center for severely malnourished children
- Awareness sessions

Emergency Services **Support Services** **Pharmacy 24*7** **Ambulance 24*7**

Total OPD	23655
Total Footfall (OPD+ Malnutrition)	23655
Children < 5 years	1164
Children 5-16 years	2229
16-60 Years	18115
Above 60 Years	2806
Follow Up	5055
No of admissions (IPD)	818
No of admissions (Day Care)	148
Antenatal Check-ups	200
Total No. of Physiotherapy Beneficiaries	2781
Total No. of Lab Beneficiaries	6537
Total No. of Dental Beneficiaries	3078
Total No. of Pharmacy Beneficiaries	25236
Total No. of X-Ray Beneficiaries	3265
Total No. of CT Beneficiaries	1448
Total No. of Dialysis Cycle	109
Total No. of USG Beneficiaries	509



Key Highlight

- Launched Dialysis Centre in March 2024
- Beneficiaries Served: 146 patients
- Free Dialysis: 103 (under Kaulesswari Fund)
- Focus: Accessible & essential dialysis care for underserved patients

- *50 Free normal deliveries conducted.*
- *53 Free surgeries done.*
- *789 Emergency cases handled.*

- **Free Surgeries supported by "Kaleesuwari Foundation"**
- **MMU supported by Dr Sheth**

MMRDA- Natwar Parikh Healthcare Centre

Total Beneficiaries 15,620

- General check-ups and health screenings (hypertension, hemoglobin, diabetes)
- Antenatal care (ANC) services
- Support for menstrual health, PCOD, and family planning
- Dental check-ups and oral hygiene treatments
- Child health and vaccination services
- Counseling and DOTS support for DRTB patients
- Malnutrition screening and referrals
- Community surveys and outreach camps
- Awareness sessions on immunization, NCDs, TB, malnutrition, hygiene & ANC

Events

- *World Liver Day: Awareness session*
- *World Malaria Day: Awareness session*
- *World Hand Hygiene Day: Awareness session*

World Hypertension Day: Awareness session and Screening camp

- **Blood Pressure Monitoring**
- **Blood Sugar Testing**
- **Hemoglobin Testing**
- **Total screening done: 48**

Mandala Health Center, Mankhurd Mumbai

Total Beneficiaries 17,764

- General health check-ups and treatment for hypertension, hemoglobin & diabetes
- Women's health services: ANC, menstrual health, PCOD, sterilization, and family planning
- Child health care, vaccination, and malnutrition screening with referrals
- Health and hygiene awareness programs
- Tab Albendazole being given to children in the community of Mandala

Key Highlights

- Immunization: Weekly vaccination through mobile outreach. Beneficiaries: 2,875.
- Malnutrition Camps: Screening of 1,055 children, identified 11 SAM and 167 MAM cases.
- Vitamin A & Deworming: Conducted in center and community. Beneficiaries: Vitamin A – 451, Deworming – 2,685.
- WASH Program: Hygiene sessions on proper handwashing practices. Beneficiaries: 2,656

BC Jindal Health Center, Angul, Odisha

A CSR Initiative of JINDAL INDIA POWER LIMITED

- Established on December 2022 in Derang Village, Angul, Odisha.
- Aiming at providing quality, affordable healthcare, services included OPD, MMU camps, lab tests, and awareness programs across 11 villages

Total Beneficiaries 36,610

- **Total MMU Camps conducted: 4,232**
- **General OPD consultations: 9,900**
- **Dental OPD: 1115**
- **Gynecologist OPD: 282**
- **Pediatrics OPD: 217**
- **Ophthalmology OPD: 331**
- **Dermatology OPD: 123**
- **Eye Test: 355**
- **Laboratory service: 1623**
- **Pharmacy (Hospital + Camp): 11,053**
- **ECG: 52**
- **NCD Patients Enrolled: 1,836**
- **Awareness sessions: 4,219**
- **Day Care: 1272**

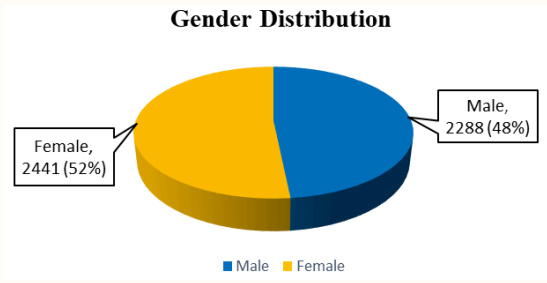
Community Outreach Activities

- Dental Health Awareness
- Cold Wave Self-Protection Guidance
- Urinary Tract Infection (UTI) Awareness
- Oral Health Awareness and Cancer Awareness
- Cancer Awareness

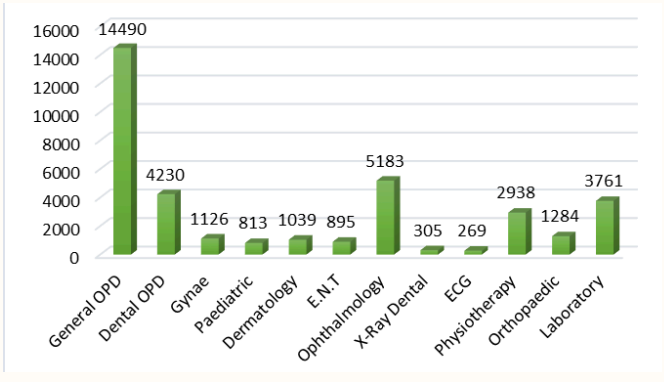
BC Jindal Health Center, Nalwa, Haryana

- **Total OPD Patients: 4,729**
- **Total awareness session Beneficiaries: 689**

- Provides General OPD services, BP, Blood sugar checkups & pharmacy facilities ensuring accessible quality healthcare and improving health outcomes for target population



BC Jindal Health Center, Belur, West Bengal



- **Total OPD Beneficiaries: 31,998**
- **Community Outreach: 16,288 reach**
- **Special Camps: 3745**

Outcomes:-Improved accessibility, early diagnosis, preventive care & community engagement.
-Strengthened trust through collaboration with UPHCs and local health workers.

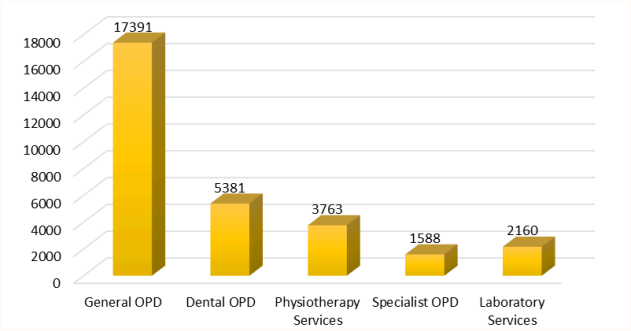
MRVC-Lallubhai Compound, Govandi, Mumbai

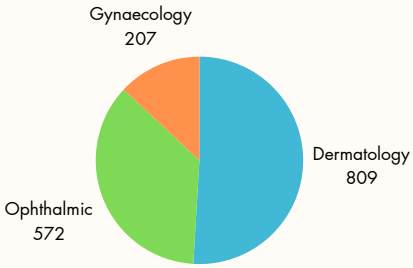
- The health program delivered affordable general and dental OPDs, physiotherapy, specialist care, and diagnostics.

Health Activities

- Immunization, deworming & Vitamin A supplementation
- World Tobacco Day
- AIDS Day
- Autism Awareness Day
- Hand Hygiene Day

- X-Rays: 1,115
- ECGs: 590





Allopathy Health Center, Mahul

- Activities: General OPDs, Specialized OPDs-Dermatology, Physiotherapy & Gynecology. Awareness sessions, Free medicine distribution.

WASH Activities: -20 Water Purifier Installed -2000 Hygiene Kit Distributed

Beneficiaries 2256

24/7 Emergency Ambulance Service

Mahul

- Pamphlet Distribution in the community
- Display of banner
- Awareness for ambulance services

Beneficiaries: 106

Rasayani

- Inauguration of Ambulance
- IEC Distribution
- Awareness Sessions
- Visit to Gram Panchayat

Dialysis Centers

Total dialysis sessions conducted: 2,234

- **GIMS, Noida, UP**
- **Guna, MP**
- **Karnataka**
- **North-east**

- DFY supported GIMS through HIMS and HR support for dialysis care.

Services provided under government schemes:

- PM-JAY (Ayushman Bharat)
- Pandit Deen Dayal Upadhyaya Scheme
- Ashadhya Rog Scheme

Support Activities:

- Maintained HR support for the IT department
- Provided ongoing technical assistance for HIMS

HR support at Lok Nayak Hospital

Total patients managed: 98,812

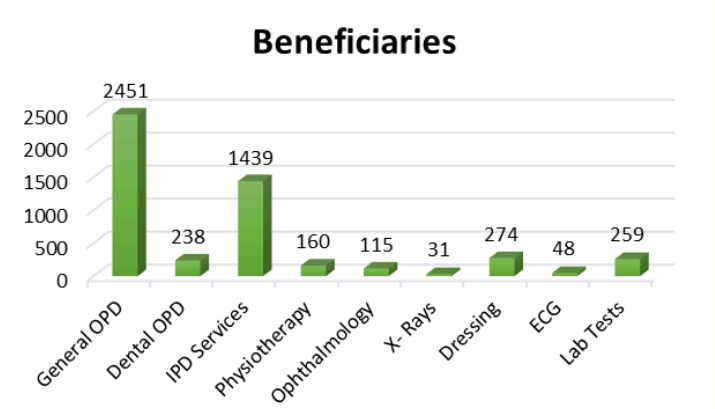
- DFY deployed 10 staff members (5 nursing orderlies and data entry operators) to support Lok Nayak Hospital, New Delhi. Aiming to enhance patient care and streamline hospital operations.
- Supported service delivery for over 8,000 daily patients.

Outcomes

- **Reduced burden on hospital staff**
- **Enhanced quality of care and operational efficiency**
- **Conducted training for Nursing staff and data entry operator**

KPCL Hospital Yelahanka, Bangalore

- It provides daily OPD and affordable IPD services, along with regular health camps for NCD, dental & eye screenings, promoting accessible & holistic community healthcare.



Disaster Management & Emergency Response

HCL Disaster Secretariat

HCLFoundation

1. Heat Wave Response

- Rapid heat wave response initiated within 48 hours.
- Prevented heatstroke and dehydration among vulnerable populations throughout India.

2. Cold Wave Response

- Beneficiaries: Elderly individuals, homeless people, slum dwellers, and low-income families lacking proper insulation and heating.

3. Himachal & Uttarakhand Cloudburst

- Cloudbursts hit 100+ villages; 13 dead, 55 missing. Infrastructure damaged. Relief camps, health services, and rescue teams mobilized.

4. Cyclone Dana & Fengal Assessment

- Red alert in Odisha & Bengal; 120 km/h winds. 1 death in WB, 2.16 lakh evacuated.
- TN & Puducherry: Heavy rain, 70–90 km/h winds. 404 mm rain, transport hit. Relief ₹2,000/family by govt. of TN.

Reach

- Heat wave response: 16,000 people supported
- Cold wave response: 3,100 supported

- 8,046 ORS packets distributed.
- 353 Health camps conducted.
- 44 Awareness sessions held.
- 1,600 Blankets distributed.
- 1,500 Winter kits distributed.

Enhancing Emergency Response: Deployment of Mortuary Freezers in Wayanad's Flood-Affected Regions

- 15 mortuary freezers donated by HCL through DFY
- The initiative ensured dignified handling of deceased individuals, supported rescue operations, and helped prevent disease spread from decomposing bodies.

Deployment sites	Number of Freezers Donated
Manathavady Medical College	7
Sulthan Bathery Thaluk Hospital	6
Vythiri Thaluk Hospital	2

Flood Response

Wayanad, Kerala

Walmart org

- In July 2024, severe monsoon floods and landslides hit Wayanad and nearby districts, causing 300 deaths, 395 missing, and displacing 10,000+ people across 93 relief camps.
- Worst-hit areas included Mundakkai, Chooralmala, Attamala, and Kunhome.

Reached 26,726 people

- 177 Health camps.
- 9,879 Patients treated.
- 8,100 Relief kits distributed.
- 3,500 Sanitary packs distributed.
- 177 Awareness sessions conducted.

Assam

- Assam, prone to annual flooding, faced severe devastation in July 2024.
- Over 27 districts affected, with 18.8 lakh people impacted, 90+ deaths, 3,154 villages submerged, and over 3,500 homes damaged.
- Nagaon district was prioritized due to high vulnerability and extensive damage.

Rapid Assessment

DFY conducted field visits to assess healthcare, WASH, shelter, and rehabilitation needs in flood affected regions.

- 45 Health camps
- 4,013 people treated
- 49 Awareness sessions conducted
- WASH Kits – 3,000 distributed

Distribution Drives

- Sanitary Napkins: 3,500
- Ration Kits: 1,800 families
- Mosquito Nets: 1,000 individuals
- Blankets: 500 individuals

Flood Response

Kerala

- In July 2024, northern Kerala—particularly Wayanad, Kozhikode, Mundakkai, Attamala, Chooralmala, and Kunhome districts was severely affected by torrential rains and landslides.
- Over 300 lives lost, 200 missing, and thousands displaced to 85+ relief camps.
- Landslides destroyed homes, infrastructure, and natural ecosystems, especially in Mundakkai, Chooralmala, and nearby areas.

Distribution Drive

- **100 WASH Kits**
- **303 Sanitary Napkins**

- **1,954 individuals received primary healthcare services**
- **33 Health Camps**
- **5,951 Sanitary Napkins distributed**

Assam

- In July 2024, devastating flood affecting 135 villages and over 76,000 people.
- More than 36,000 homes were damaged; healthcare access and basic infrastructure were severely disrupted

- **29 Health camps**
- **3,002 received primary healthcare services**
- **66 Awareness sessions**

Psychological Care & Support Program

- Beyond physical loss, the disaster led to psychological trauma including:
  - **-Post-Traumatic Stress Disorder (PTSD)**
  - **-Depression & Anxiety**
  - **-Displacement & Social Isolation**

Total Beneficiaries
11,419

Key Achievements

- 2,708 individuals received one-on-one psychological counseling.
- 6,753 people participated in 198 group community sessions.
- 300 caregivers received individual counseling.
- 30 School Mental Health Trainers and 60 government school counselors were trained.

Cancer Projects

Project Aastha

- A CSR initiative by Pfizer, implemented by Doctors For You.
- Provides patient navigation, information, counseling, and support.
- Offering diagnosis, treatment, and rehabilitation phases.
- Daily 8 AM–8 PM helpline/call center support.

- ***15 Oncology Helpdesks***
- ***5 Rare Disease Helpdesks***

Outcome

- Over 2,75,348 oncology patients supported.
- Supported 15,923 rare disease patients .

Geographical Coverage-Rare Disease Helpdesk

1. Maulana Azad Medical College, New Delhi
2. All India Institute of Medical Sciences (AIIMS) Bhopal, Madhya Pradesh
3. The Centre for Human Genetics (CHG), Indira Gandhi Institute of Child Health, Bengaluru Karnataka
4. Centre for DNA Fingerprinting & Diagnostics with Nizam's Institute of Medical Sciences, Hyderabad, Telangana
5. All India Institute of Medical Sciences (AIIMS), New Delhi

Aastha Cancer Call Center & Other LT Associated Projects

In 2024–25, calls were managed across Oncology, Rare Diseases, Health Centers, MMUs, Government Projects, Consultations, and Emergencies.

- **Total Beneficiaries Supported: 368,650**
- **Inbound Enquiry Calls: 3,050**
- **Audit & Follow-up Calls: 115,160**
- **Transferred Calls: 86**
- **Complaint Calls: 6**

Geographical Coverage-Cancer Helpdesk

1. Tata Memorial Hospital (TMH), Mumbai, Maharashtra
2. Dr. B. Barooah Cancer Institute (BBCI), Guwahati, Assam
3. Homi Bhabha Cancer Hospital (HBCH), Varanasi, Uttar Pradesh
4. Gujarat Cancer Research Institute (GCRI), Ahmedabad, Gujarat
5. Safdarjung Hospital, Delhi
6. Pt. Jawaharlal Nehru Memorial College, Raipur, Chhattisgarh
7. Victoria Hospital, Bengaluru, Karnataka
8. Arrignar Anna Memorial Cancer Hospital (AAMCH), Kanchipuram, TN
9. Indira Gandhi Institute of Medical Sciences (IGIMS), Patna, Bihar
10. Cancer Institute (WIA) Adyar, Chennai, Tamil Nadu
11. Sawai Man Singh Hospital (SMS), Jaipur, Rajasthan
12. Homi Bhabha Cancer Hospital (HBCH), Muzaffarpur, Bihar
13. Shri Maharaja Hari Singh Hospital (SMHS), Srinagar, Jammu & Kashmir
14. Jawaharlal Institute of Postgraduate Medical Education & Research (JIPMER), Pondicherry
15. Malabar Cancer Centre, PGIOSR, Thalassery, Kerala

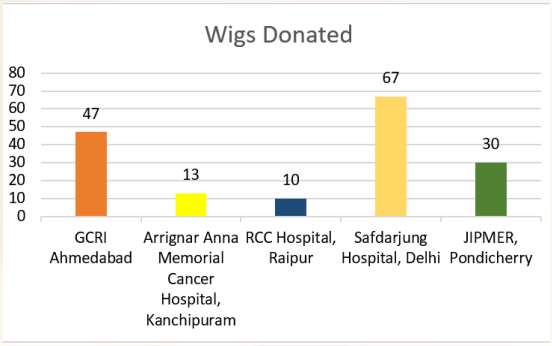
A CSR Initiative by Pfizer

Distribution Initiatives-Under Project Aastha

A CSR Initiative by Pfizer

1. Wig Distribution

- **Purpose:** To support cancer patients facing alopecia due to chemotherapy and radiation by providing free, high-quality wigs



Total Wigs Donated 167

Supported by The Cherian Foundation

2. Nourish to Flourish: Nutritional Support to Cancer Patient

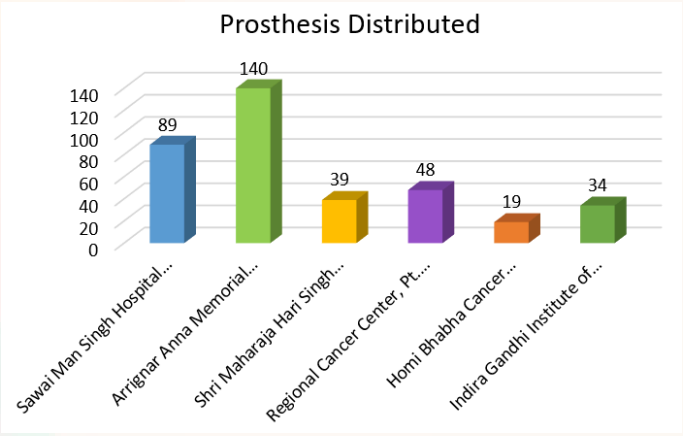
- **Purpose:** Provide protein powder to cancer patients to combat malnutrition, support recovery, and improve treatment outcomes.

Total Beneficiaries: 4,746

Total Protein Powder Boxes Distributed: 5,474

3. Knockers Kit Distribution (Breast Prosthesis)

- Knockers Kit Donation Campaign include handmade breast prostheses distribution to post-mastectomy/lumpectomy patients to improve self-esteem and quality of life.



Total Prosthesis Distributed: 369

Supported by SAAISHA India

Women Cancer Warriors – Cancer Awareness, Prevention, and Early Detection in Tamil Nadu & Puducherry

- Project aims to provide Cancer Screening and Support Program focusing on marginalized communities in Tamil Nadu and Puducherry.

A CSR Initiative by: HDFC ERGO

Covered 17 districts

Activities Conducted

- **Awareness Camps: 4,457**
- **Health Screening Camps: 375**
- **Referrals to Tertiary Hospitals: 115 patients**
- **Linked to schemes like Kalaignar Kapitu Thittam**
- **Conducted staff training**

- **Increased community awareness & early cancer detection**
- **Reduced stigma around cancer screening & HIV**

Cancer Screening & Health Camps

- **Women Wellness-Comprehensive Cancer Care Program**
- **Breast Cancer Screening For Early Detection & Treatment**

INDIRA IVF FERTILITY & IVF CENTRE

AstraZeneca

🎯 Key Activities

Screening:

- **Clinical Breast Exams (CBEs)**
- **On-spot mammography via mobile van**

Counseling & Awareness:

- **Family planning**
- **Prenatal and postnatal care**
- **Nutrition and lifestyle**
- **Maternal mental health**

- **Mammography: 128**
- **Counseling: 293**

Maternal & Child Health Program

मातृ-शिशु स्वास्थ्य संगिनी: Nurturing the First 1000 Days of Life

Bisrakh Block, Noida, UP

- This project aims to improve maternal and child health in the first 1000 days by enhancing healthcare access, training frontline workers (ASHAs, ANMs, Anganwadi), and promoting awareness through community outreach.

Services Provided

- General & Specialist OPDs
- Home-based care: Newborn visits, nutrition counseling, IFA supplementation.

Community Activities

- Breastfeeding Week, Poshan Maah, Diabetes & Pneumonia Days.
- Immunization & anemia awareness campaigns.
- Menstrual hygiene education.

- **Population covered: ~7,435**
- **202 Pregnant women followed up**
- **448 Children under 2 enrolled**

Impact Indicators

- 100% TT vaccinations & MCP card coverage
- 97.93% immunization for children under 2
- 71% mothers consumed IFA for 180+ days
- 96.7% exclusive breastfeeding for 6 months

Swastha Mata Swastha Balak program

Bihar

- This project focuses on improving maternal and child health outcomes by promoting institutional deliveries, early ANC registration, nutritional support, and reducing malnutrition among children (0–10 years) in aspirational districts.

Beneficiaries

- Antenatal and Postnatal Mothers (ANC & PNC)
- Children (0–10 years)

Key Activities

- Conduct health camps.
- Provide training and IEC materials for behavior change.
- Establish referral pathways for high-risk pregnancies.
- Create awareness about government schemes (JSSY, PMSMA, JSY).
- Promoted institutional deliveries and 1st-trimester ANC registration.
- Track outcomes and conduct follow-up for ANC visits.

Maternal & Child Health Services (MCH)

M/East ward, Mumbai

wipro foundation

Activities

1.Routine Immunization & Child Health

- 82 immunization camps conducted
- 687 received Vitamin A; 274 received deworming tablets

2. Maternal Care (ANC/PNC)

- 72 ANC camps held
- 167 high-risk pregnancies identified and followed up
- 93 women supported for institutional deliveries
- 262 mothers counseled on Infant and Young Child Feeding (IYCF)

3. Father Engagement

- 65 fathers engaged in pregnancy and newborn care sessions

4. Malnutrition Screening and Nutrition

- 1,494 children screened for growth
- 24 identified under nutrition program; 6 improved to normal
- Daily nutritional supplements provided at DFY Mandala Centre

5. Health Awareness & WASH

- 183 awareness sessions (WASH, reproductive health, health days)
- 3,547 people reached through community activities

- **1,506 children vaccinated**
- **672 children under age 2 enrolled**
- **367 pregnant women received ANC services**

Events

- Kangaroo Mother Care (KMC): Awareness sessions
- Menstrual Hygiene: Sessions for schoolgirls
- World TB Day, World Water Day & National Deworming Day

Technical Assistance to District Administration of Purnea and Gaya districts in SBC for quality KMC, Growth Monitoring and promotion of Community-Led ANC with focus on Prevention of Maternal Anemia and Identification of HRP

Activities

- FLWs, PRIs & Influencers trained across 70 panchayats to enhance ANC and child health services.
- IVRS-based support introduced in 2 aspirational blocks.
- Annaprashan Diwas: Promoted Infant and Young Child Feeding (IYCF) practices.
- Godh Bharai: Promoted ANC registration and maternal nutrition.

- **VHSND supervision**
- **KMC & iKMC training**

unicef

Boosting Demand for Routine Immunization and Reducing Zero Dose Children

Activities

- Social Mapping of Priority Areas.
- Identifying LODOR and zero dose communities.
- Linking LODOR and zero dose children to immunization services.
- Facilitating vaccine acceptance by hesitant families through home visits.
- Capacity building of FLWs on communication planning, communication skills.
- Refresher training on maternal and child health-related topics.
- Facilitating monthly review meeting at UPHC level and corporation level.
- Influencer mapping and capacity building of influencers.
- Supporting FLWs in building linkages with local structures and community.
- Strengthening of Mahila Arogya Samiti through capacity building.
- Supporting UPHCs in coordinating and developing comprehensive Communication Plans as part of Micro plan.
- Strengthening other Community Platforms for support maternal and child health programs of the govt.

Geographical Coverage

6 UPHC areas in Mumbai

- Kamgar Nagar,Kurla,L ward
- Mohili Village,Kurla,L ward
- Malvani2,P North ward
- Pathanwadi,P North ward
- Lotus Colony ,M East Ward
- Baiganwadi,M East ward

6 UPHC areas in Pune

- E Health Centre Ramtekdi, MIDC slum area
- PMC Gangaram Gune Karne Shastri Nagar, Nagar Road
- PMC Balaji Rakhmaji, Gaikwad Dispensary
- PMC Viman Nagar, Vasti Clinic
- Ma Khatija, Khondwa
- PMC Smart City Clinic, Baner

- **No of zero-dose children vaccinated – 541 out of 1847**
- **Participatory Rapid Appraisal Activities – 207**
- **House to house visit - 1477**
- **Number of Influencers identified – 184**

eIMNCI (Integrated Management of Neonatal and Childhood Illness)

- eIMNCI is a digital tool developed by Terre des hommes (Tdh) to improve child healthcare for children under 5 in Jharkhand.
- It digitizes WHO-UNICEF's eIMNCI protocol, aiding CHOs and ANMs in decision-making, referrals, and counselling.

Terre des hommes
Helping children worldwide.

🎯 Key Achievements

- 21,995 child consultations using the app.
- 4,141 children (27%) showed danger signs.
- 2,757 children were malnourished.
- 1,296 Severe Acute Malnutrition (SAM) children.
- Common conditions:
  - Infants (0–59 days): Feeding issues (61%)
    Serious bacterial infections (29%)
  - Children (2 months–5 years): Cough/cold (27%)
    MAM/SAM (52%), diarrhea (15%)

- **6,711 healthcare workers trained**
- **645 facilities covered**
- **607 supportive supervision visits**
- **119 community meetings, 1,861 households reached**

Independent Evaluation

- 89% facilities adopted eIMNCI
- 95% HCWs found it useful for diagnosis
- 91% observed better danger sign identification
- 85% caregivers aware of the app
- 66% reported improved medicine availability and reduced waiting time

Anemia Mukt Bachpan

Patiala
Sangrur
Fathegarh sahib
Ludhiana

- Anaemia Screening: Focused on identifying and addressing anaemia among vulnerable populations, especially women and adolescents.
- Community-based screenings help in early identification, referral, and management of anaemia.

इंडियनऑयल
IndianOil Aarogyam

Total Beneficiaries: 14,400

Metropolis Anemia Prevention Programme (PEHEL)

The project aimed at reducing anemia among children aged 5–9 years and women of childbearing age through:

- Hemoglobin screening
- Awareness campaigns
- Nutritional interventions (Iron-Folic Acid supplementation, deworming)

Key Achievements

- Total Screened: 16,866 individuals
- Follow-ups Conducted: 4,782
- Improved Hemoglobin Cases (after 3 months): 642
- Total Awareness Reach: 18,394
- Schools Participated: 36

- **Anemia Cases Identified: 6,659**
- **IFA Tablets Distributed: 3,782**
- **Nutrition Kits Provided: 1,428**

Iron Shakti Program

Howrah
Hooghly

- The Iron Shakti Program aimed to improve maternal and child health through nutritional camps, counseling, kit distribution, and specialized OPDs (gynecology & pediatrics).

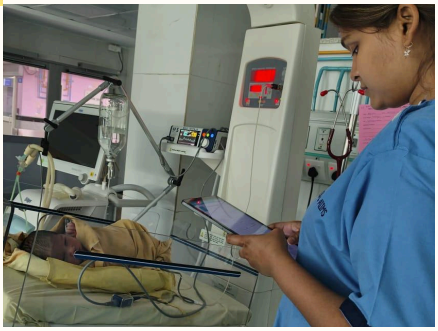
Key activities

- ANC camps and anemia screening
- Distribution of nutrition kits
- Community awareness sessions
- Counseling on anemia management and diet

- **Total Beneficiaries: 66,124**
- **Anemia screening: 9,381 women**

Health System Strengthening

AIIMS IT Equipment Support

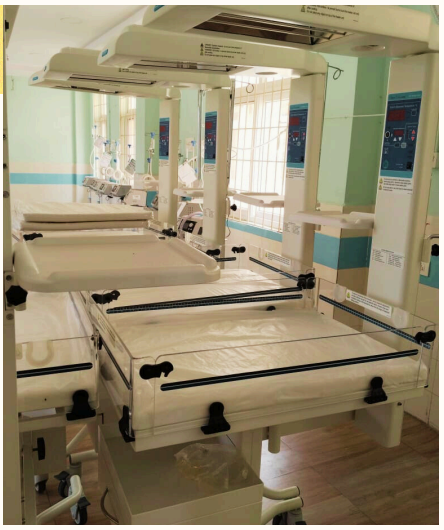


Objective: Digitalize patient records in the NICU for improved patient care.

Activities: Provided a Systems Administrator who can support the development and implementation of the **e-NICU application**, focusing on system optimization, user training, and feature enhancements

Total Beneficiaries: 165 Infants

Srikakulam Equipment Support



Objective: Provide advanced equipment to government hospital to reduce OOPE for patients

List of Equipment Provided:

1.Autoclave
2. BERA – for diagnosis of hearing disability
3. PTA – for diagnosis of hearing disability
4. ELISA reader –
5. HPLC – for diagnosis for hematological (blood) disorders 6. CBC/ hematology analyzer
7. Ureteroscope
8. Hospital laundry system

Arunachal Pradesh Equipment Support

Objective: To equip PHC Singchung, to become self sufficient and provide high quality maternity care to the population of Singchung and surrounding regions.

Activity: Installation of Ultrasound machine.

Vistex Equipment Support

- Installation of OT equipment, including anesthesia workstation.
- Equipment for laparoscopic surgery.

Sikkim Equipment Support

Objective: Provide advanced equipment to a government hospital to reduce OOPE for patients.

Lists of Equipment Provided:

1.Physiotherapy tools
2. Neonatal ventilator
3. Audiometry machine

STNM Hospital, Gangtok, Sikkim

Nagaland PHC Upgradation

Objective: Upgraded 3 Health Centers in Nagaland.

CHC Dhansiripar
PHC Moilan
PHC Aree

Activity: Equipment support for essential operations of the PHCs including equipment specific for prenatal care.

Bone Marrow Transplant (BMT) Unit, PGICH, Noida

Objective: Expand the BMT unit to treat more children with blood cancers.

Impact

1. A 8-bedded BMT unit established.
2. 27 children treated in 2024 (vs 9 in 2023) leading to 600% increase in treatment capacity.
3.Reduction in out-of-pocket expenses (OOPE) for families.

Adobe

AIIMS Kitchenette Renovation

Objective: This effort focuses on improving hygiene standards, enhancing patient care and patient experience and reducing infection risks in medical facilities.

Activity

- Installation of modular kitchen units.
- Provision of essential appliances like refrigerators, induction cooktops, microwaves, and electric kettles., water purification systems.

Before

After

BOEING

Infra Hosokota Taluka Hospital

Objective: Renovation and upgradation of key infrastructural components of the hospital, including Operating Theatre (OT), new 10-bed ward, plumbing and electrical systems, installation of an RO plant, and the laundry area

Before

After

Electrical work

Renovation work

After Upgradation

Strengthening Diagnostic Capabilities at Safdarjung Hospital

- DEXA scan machine installed on 4 Dec 2024.
- Staff Training: 30 radiographers trained.
- Awareness within Hospital.
- Monitoring and Evaluation.

953 scans conducted

United Way Mumbai

fiserv.

Wall Construction at Mahatha Village, Bihar

Doctors For You, in partnership with Tata Power Community Development Trust (TPCDT), supported the construction of a boundary wall to ensure safety and enhance infrastructure.

Before

After

TATA POWER TRADING COMPANY LIMITED

Histopathology Lab Set-Up, Mokokchung, Nagaland

A CSR Initiative by: HDFC ERGO

Dr. Imkongliba Memorial District Hospital, Mokokchung, Nagaland

- Establishment of a Basic Histopathology and Blood Investigation Lab to improve cancer diagnostics in Nagaland.

Activities

1. Pre- Implementation Planning
2. Addendum Finalization & MoU signing
3. Liaisoning & Permissions
4. Installation of Equipment
5. Training of staff
6. Post-Installation follow up & Monitoring
7. Installation and Handover of Equipment

Strengthening Healthcare Infrastructure & service delivery in three districts of Tamil Nadu

A CSR Initiative by: HDFC ERGO

1. Muthali PHC – Krishnagiri District

- Infrastructure renovation
- IEC displays

Medical Equipment delivered:

- BP apparatus & crash cart
- Examination tables
- Multiparameter monitors
- Fetal Doppler
- Microscopes
- Semi-auto cell counter

2. Kalkurichi HSC–Virudhunagar District

- Ceiling repair, electrical upgrades, washroom renovation, 5KW solar panel installation, IEC branding.

Medical Equipment delivered:

- Autoclaves, suction machines, multiparameter monitors, stretchers, thermal scanners, fetal Dopplers, pulse oximeters,

3. Thoppur CHC – Madurai District

- Painting, mosquito nets, pipeline upgrades, nursing station, 10KW solar panel, IEC materials.

Medical Equipment delivered:

- Wheelchairs, Fowler beds, baby weight machines, bedside tables, pulse oximeters.

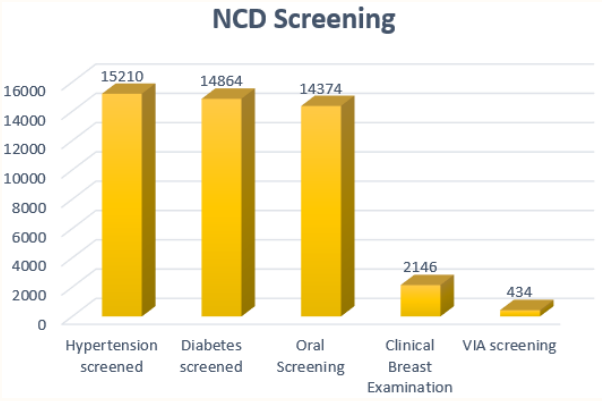
Public Health

Access to Care: Nagaland Wellness Initiative

- To enhance early detection and care of NCDs—hypertension, diabetes, and common cancers—through tech-enabled, community-based healthcare in underserved areas.

🎯 Activities

- Community awareness campaigns
- Health worker training
- Screening at both community and public health facilities
- Integration of Point-of-Care (POC) diagnostics and NCD app with offline capabilities
- Establishment of referral systems for advanced care.
- Monthly reviews with Chief Medical Officer and NCD Cell.



WASH Initiative – Govandi, Mumbai

- Renovation of two community toilet facilities
- Waste management & composting
- Community engagement through SBCC (Social Behaviour Change Communication)
- Awareness and capacity-building sessions
- Hygiene promotion sessions conducted

- **Household survey: 1127**
- **Awareness Sessions: 32**

Shapoorji Pallonji Finance Private Limited (SPFPL)

Raigad, Maharashtra

- The project improved healthcare access and disease awareness, emphasizing prevention, early detection, and referrals.

Highlights & Impact

- Gynecology: 2 women underwent successful hysterectomies.
- Eye Care: 23 screened for cataracts; 3 had successful surgeries.
- NCDs: Better control of hypertension and diabetes through regular monitoring.
- Child Health: Malnutrition managed with pediatric counselling and supplements.
- Cancer Screening: 2 suspected oral cancer cases detected during Cancer Week.

- **Total camps conducted: 70**
- **Beneficiaries screened: 8,736**
- **Hypertension cases: 1,366**
- **Diabetes cases: 766**
- **Fungal infection cases: 966**
- **Cataract cases: 23**

Menstrual Hygiene Initiative

Guwahati, Kohima, and West Kameng

- To promote menstrual health in adolescent girls and women among underserved areas.

Activities

- Interactive awareness sessions
- Distributed 63 reusable sanitary pads
- Demonstrations on proper usage and care

Health system strengthening Jambulpada Panchayat, Raigad

- Daily Health Camps
- Anganwadi Painting
- Clothes Distribution
- Community Awareness Sessions

Promoting & Strengthening Seafood Processing Industries (SPI) Workers' Access to Primary Healthcare

Camp 1

- **Beneficiaries Reached: 560**
- **Female Beneficiaries: 369**

- General consultations: 438
- Specialized care: 137 dental, 278 gynecology, 150 eye care
- Awareness Sessions: 477
- Referrals: 63 patients referred to Rajkot Civil Hospital

Camp 2

- **Beneficiaries Reached: 797**
- **Female Beneficiaries: 434**

- General consultations: 388
- Specialized care: 170 dental, 92 gynecology, 302 eye care
- Awareness Sessions: 675
- Referrals: 617 critical patients referred to Veraval Civil Hospital

NIHR NCD Project

- Project funded by NIHR; DFY responsible for community engagement in flood-prone areas for NCD care.
- Field-level coordination ongoing in Muzaffarpur for Community Engagement Initiative (CEI).
- CEI advisory groups formed in 2 panchayats each in Muzaffarpur, Darbhanga, and East Champaran.
- Local leaders (Mukhiyas, teachers, youth, marginalized groups) involved in CEI meetings.
- Preparatory meeting held with consortium partners to finalized activity plan.
- DFY facilitated Theory of Change (ToC) workshop in Patna and Muzaffarpur (18–19 March).
- Prof. Greenfield and Dr. Martin (University of Birmingham) engaged for coding and community interaction.
- DFY team reached 33 panchayats: 11 in Muzaffarpur, 13 in Darbhanga, and 7 in East Champaran.
- Regular interactions held with PRI members, ASHAs, and villagers to ensure inclusive engagement.

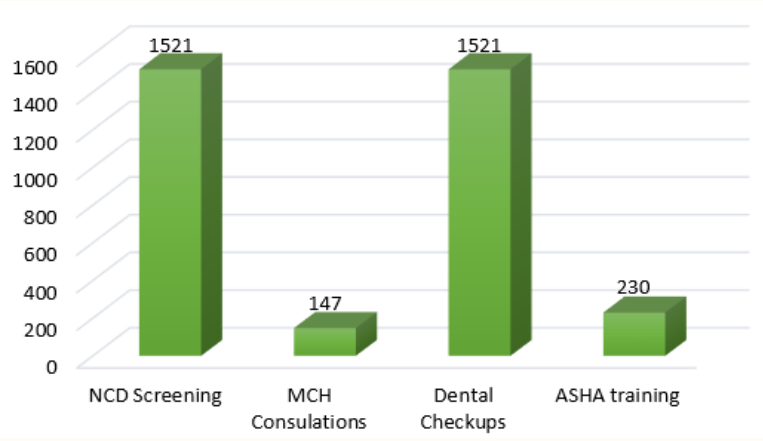
Mega Health Camps

Muzaffarpur
Purnea

- DFY, in partnership with TPCDT, organized health camps in two Bihar districts to provide essential curative and preventive care, enhancing access to primary health services for vulnerable communities.

Core Services Provided

1.OPD & NCD Screening
2. Maternal & Child Health
3. Dental Services:
4. Awareness & Behavior Change
5. Healthcare Worker Training



Empowering Health through Camps and Equipment Support

Dahej, Gujarat
Turbhe, Maharashtra

Activities-Dahej Gujarat

- 15 health camps conducted across remote villages.
- Services included BP, HTN screenings, vision test, medicine distribution and health counselling.

Equipment Donated

- Silent Generator, RO purifiers, refrigerators, water dispensers, and inverters to support Primary Health Centres (PHCs)

Total Beneficiaries
2,121

Activities-Turbhe, Maharashtra

- 6 health camps conducted
- Services included general check-ups, NCD screening, vision care, and counselling.

Equipment Donated to Municipal Health Centers

- Wheelchairs, weighing machines, BP apparatus, colposcope, suction machine, and stretcher

Tuberculosis Projects

Drug Resistant Tuberculosis Project (DRTB)

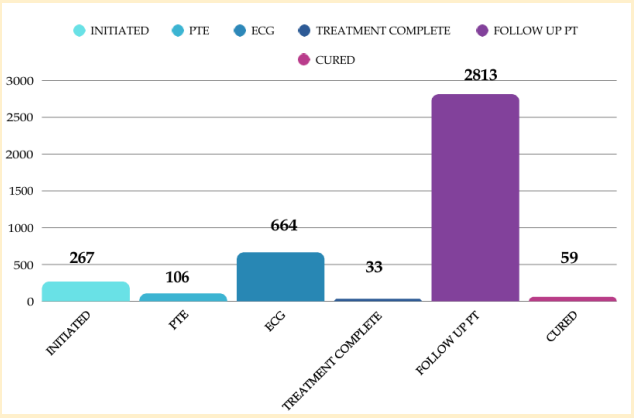
- DFY, in partnership with MMRDA launched a free DRTB outpatient service in Govandi, Mumbai, providing consultations, diagnostics, and medicines to underserved areas.

Service Components

1. Pre-Treatment Evaluation (PTE)
2. Diagnostics & Monitoring
3. OPD Consultations
4. Free Medication & Distribution
5. Counselling and Education
6. Infection Control Measures

Key Highlights

- 2,800 patients received free treatment and services including ECG, X-rays, and pre-treatment evaluations (PTEs).
- Dedicated HR team including doctors, counsellors, and nursing staff provided comprehensive care.
- The project emphasizes early diagnosis, treatment adherence, and patient counselling to manage side effects and reduce dropout.



Comprehensive tribal TB management Program

Mandla District, MP

Population Screened: 4,30,331

- Community-led and community-based engagement
- Assessment of health-seeking behaviors and service availability
- Involvement of private sector in decentralized TB care
- Improved early detection and local access to treatment for tribal communities

100 Days TB Elimination Campaign

- Support the national goal of TB elimination through Active Case Finding

Total X-rays Conducted: 49,398

Geographical Coverage

-Sheopur, MP
-Betul, MP
-Ujjain, MP
-Narsinghpur, MP
-Kanchipuram, TN
- Mandsaur, MP
-Khandwa, MP
-Katni, MP
-Delhi

Inputs Based Financing (IBF) improve screening, detection and management of pediatric tuberculosis in Rajasthan

- The IBF model by IPE Global in Rajasthan aimed to improve pediatric TB care by addressing resource gaps and diagnostic challenges through targeted financial and technical support.

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Partnerships for Affordable

Project Geography

- **Urban District-Kota**
- **Rural District-Karauli**

Hotspot Areas

- **Kota-Barda Basti, Chechat**
- **Karauli-Langra, Mandrel, Sapotra, Katkad, Karauli City, Hindaun**

- No. of Anganwadi covered for screening in both districts: 623
- No. of school covered for screening & training for teachers: 379
- Total no. of Gastric Lavage facilities engaged: 09
- Total No. of MTB detected through Lavage sample: 04
- Total X-rays conducted: 8139
- NAAT Tests conducted: 180
- Microbiologically confirmed cases: 52
- Clinically confirmed cases: 134

- **Pediatric screening: 14,821**
- **Suspected Cases: 5571**
- **Diagnosed Cases: 186**

Patient provider support agency (PPSA)

- The Public-Private Support Agency (PPSA) project, funded by the government and implemented by Doctors For You in collaboration with NHM and the State TB Cell, aims to ensure comprehensive care for TB patients.

Key Activities

- Engaging private doctors, labs, and chemists.
- Notification of private TB patients.
- Linking patients to Nikshay Poshan Yojana (nutritional support).
- Free HIV and diabetes testing.
- Free distribution of Fixed Dose Combination (FDC) medicines.
- Ensuring treatment adherence and completion.
- Contact tracing and outcome reporting.
- Coordination with government health bodies.

Events

- Active Case Finding (ACF) activities.
- World TB Day celebration and awareness events.
- CME (Doctors' Training): Sessions conducted on diagnosis and new treatment protocols.
- Staff Training: Regular capacity-building for field staff and lab technicians.
- 100-Day TB Campaign Rally.
- Follow-up visits of patients.

NATIONAL TUBERCULOSIS ELIMINATION PROGRAMME
TB MUKT BHARAT
TB Harega Desh Jeetega

NATIONAL HEALTH MISSION
राष्ट्रीय स्वास्थ्य मिशन

Geographical Coverage

- **Bihar**
- **Delhi**
- **Maharashtra**
- **Odisha**
- **Uttar Pradesh**

Patient provider support agency (PPSA)

Area Covered-Bihar

- **Cluster 5 (Feb 2024–2030):** Bhojpur, Buxar, Kaimur, Rohtas
- **Cluster 2 (Jan 2025–2030):** Aurangabad, Begusarai, Gaya, Jamui, Jehanabad, Khagaria, Lakhisarai, Munger, Nawada, Samastipur, Sheikhpura, Sheohar
- **PPSA-2 Cluster:** Muzaffarpur, Sitamarhi, Purba Champaran, Darbhanga, Madhubani

Beneficiaries-Bihar

- Total Targeted TB Cases: 33,610
- Total Notifications: 29,484
- Extrapulmonary TB (EP-TB) Cases: 2,014
- Pulmonary TB (P-TB) Cases: 25,659
- Contact Tracing Done: 21,591
- HIV Testing Done: 26,680
- Diabetes (DM) Testing Done: 25,997

Area Covered-Delhi

1. GTB Chest Clinic
2. Gulabi Bagh
3. Hedgewar Chest Clinic
4. Jhandewalan
5. Karawal Nagar
6. Kingsway
7. LN Chest Clinic
8. Patparganj
9. RK Mission
10. Shahadra
11. SPM Marg
12. SPMH Chest Clinic

Beneficiaries-Delhi

- Targeted Cases: 3,429
- Notifications: 2,762
- UDST Done: 1,179
- DBT Linked: 1,757
- Diabetic Testing: 2,526
- HIV Testing: 2,570
- Contact Screening: 1,089

Area Covered-Maharashtra

- Mumbai-Andheri East-West, Bandra East-West.
- Nashik-Ahilyanagar, Dhule, Jalgaon, Malegaon, Nandurbar, Nashik.
- Thane-Bhiwandi Nizampur, Kalyan Dombivli, Mira Bhayander, Navi Mumbai, Palghar, Raigad, Thane MC, Ulhasnagar MC, Vasai Virar MC

Beneficiaries-Maharashtra

- Total Private TB Cases Notified: 38,189
- UDST (Universal Drug Sensitivity Testing) Done: 22,544
- HIV Tests Conducted: 34,370
- Diabetes (DM) Tests Conducted: 33,931
- Direct Benefit Transfers (DBT) Processed: 26,948

Area Covered-Odisha

- Mayurbhanj-Northern Odisha
- Sundargarh-Northwestern Odisha
- Sambalpur-Western Odisha
- Baleswar

Beneficiaries-Odisha

- Total Notified TB Cases: 1,182
- HIV Tests Conducted: 1,151
- Diabetes (DM) Tests Conducted: 1,102
- UDST (Drug Sensitivity Tests) Done: 535
- Contact Tracing Completed: 755

Area Covered-Uttar Pradesh

- **Phase 1 Districts:** Azamgarh, Ballia, Banda, Basti, Bulandshahr, Firozabad, Kheri, Lalitpur, Mirzapur, Shahjahanpur
- **Phase 2 Districts:** Agra, GB Nagar, Gorakhpur, Jhansi, Mathura, Meerut, Moradabad, Sitapur

Beneficiaries-Uttar Pradesh

- Total Notifications: 151,701
- HIV Testing Done: 150,689
- Diabetes (DM) Testing Done: 147,362
- Bank Details Linked for DBT: 135,108
- NAAT Testing Completed: 103,113
- Pulmonary TB (P TB) Cases: 106,703
- Extrapulmonary TB (EP TB) Cases: 44,998

Medical Mobile Units (MMU)

SBI Sanjeevani – Clinic on Wheels: Ferozepur - Punjab

- SBI Sanjeevani – Clinic on Wheels provided mobile healthcare to 21 border villages in Ferozepur, offering primary care, diagnostics, awareness, and emergency services via a Mobile Medical Unit.

Mobile OPD (MOPD) Services

- Total Beneficiaries: 10,305 [Male: 5,529 |Female: 4,776]
- Patients referred: 126
- Special medical camp beneficiaries: 784
- Pathology (RBS): 646
- ECG: 12

Total Beneficiaries: 10,305

Awareness & Community Engagement

- Swachh Bharat Abhiyan: 5 events, 667 participants
- Heat Wave & ORS Distribution Sessions: 5 sessions, 150 beneficiaries
- National Dengue Day Celebration: Rally and community awareness, 60 participants
- World Diabetes Day: Free glucose testing and health education
- 15 Awareness session, 903 participants

Community Health & wellbeing Program

- This project focused on prevention, screening, and management of NCDs in the semi-rural area of Padgha.

Beneficiaries: 9,554

Activities

- Street plays and school-based awareness sessions
- 7 mega camps across Zilla Parishad schools screened 1,380+ adults
- 579 dental screenings, 324 vision tests, and 71 gynecology consultations
- Mobile Medical Units (MMUs) Service and Door-to-door health surveys
- Awareness about ABHA, Ayushman Bharat, Ayushman Vay Vandana

SBI Sanjeevani Clinic On Wheels Mumbai

M-East Mumbai
L Ward Mumbai
G North Mumbai

Total Beneficiaries 12,051

Events

- Total OPD units conducted: 511
- Total Awareness Sessions Conducted: 36
- Women's Day Session on menstrual health
- School-based sessions on hygiene and anaemia
- Swachh Bharat Abhiyan Activities: Across 8 schools
- School and community cleanliness drives
- Drawing competitions on climate change
- Tree plantation drive
- Student rallies promoting cleanliness
- Specialized Health Camps: 06, beneficiaries: 615

Sehat Ka Safar Kotak Health Camps

- The Health Camps aim to enhance healthcare accessibility across diverse regions of India.

Objective:

- Deliver ophthalmology-focused health services including vision screening, spectacle distribution, and cataract surgery follow-ups.
- Provide general, dental, orthopedic, and physiotherapy consultations.

- **45 total Camps conducted**
- **Eye Screenings: 4,083 individual**
- **Spectacles Distributed: 1,350**
- **Cataract Surgeries: 74**

Mobile Medical Unit (MMU) Service in Tamil Nadu

Kanchipuram
Tiruvallur
Ranipet

- Free medical consultations
- Medicine distribution
- Screenings for oral, breast, cervical cancers, TB & vision impairments
- Health education (WASH, menstrual hygiene, cancer prevention)

- **Total Population reached: 8,22,044**
- **Health Camps Beneficiaries: 62,006**
- **Awareness Camps Beneficiaries: 62,006**
- **Village Covered: 1,019**

10 MMU Chhattisgarh

Services

- Free Medical Consultations
- Diagnostics Tests
- Medication distribution
- Health education & awareness program

- Total Block Covered: 06
- Total Panchayat Covered: 522
- Total Village Covered: 1175

Sarangarh-Bilaigarh
Mohal-Manpur-Ambagarh Chowki

- **Patients Served: 74,945**
- **Total Health Camps: 1,837**

SBI Nirantar Seva Mumbai Pune Expressway

- 24/7 ambulance with trained doctors, nurses, pharmacists.
- Emergency care and referral system at accident sites.
- Mobile OPD and free medicine distribution.
- Monthly health camps for truck drivers.

Activities

- Mega Camps: 6 camps benefiting 210 truck drivers
- 104 lives saved through timely ambulance intervention
- Health Education: Disease-specific awareness during camps
- Need assessment survey conducted: 6 Villages, 479 households surveyed

- **Patients Served: 9,933**
- **119 accident victims served**

R1RCM Camps: Comprehensive health checkups & NCD screening camps

Chennai
Delhi
Noida

- Total Screened: 5,021 individuals
- Beneficiaries Treated: 2,893
- Hypertensive Beneficiaries: 702
- Diabetes Beneficiaries: 371
- No. of anemics: 505
- 48 General & Dental Camps
- 12 Special Camps
- 10 Mammography Camps

Integrated Health & Skill Development Programs

Garima

- The Garima Project is a national skill development initiative aimed at improving the professionalism and employability of underprivileged individuals.

Activities

1.Scientific and Structured Training Modules
2. Blended Learning Approach
3. Employment Facilitation
4. Empowering the Cleaning Profession
5. Nationwide Reach and Scalability

- **9,303 candidates trained**
- **6,670 candidates placed**

Sustainable Livelihood Project for 1000 Underprivileged Population - "Hygiene Technicians" Training Program

- This program trains underprivileged individuals in hygiene and sanitation skills to enhance employment opportunities.
- Target beneficiaries: 1,000 underprivileged individuals.

Key Training Aspects Covered

- Use of Equipment
- Chemical Training
- Safety and Grooming
- Cleaning Techniques

Skill Development Project for underprivileged

- The project aimed to empower underprivileged youth by providing vocational training in Housekeeping and Food & Beverage (F&B) Service.

Total Beneficiaries: 120

Training Areas covered

- **Housekeeping Skills**
- **Food & Beverage Service**

Ayushman Bharat Digital Mission (ABDM)

- The Ayushman Bharat Digital Mission (ABDM) aims to transform India's healthcare system by creating a digital health ecosystem.
- The mission is focused on:
  -Generating ABHA (Ayushman Bharat Health Account) IDs for citizens
  -Implementing Health Facility Registry (HFR) & Health Professional Registry (HPR)
  -Digitizing medical records via Electronic Health Records (EHR)
  -Integrating facilities into Health Management Information System (HMIS)

- Uttar Pradesh
- Madhya Pradesh
- Bihar
- Maharashtra
- Assam
- Chandigarh
- Haryana

🎯 Key Achievements

- 21,687 Health Professionals Registered (HPR)
- 14,253 Health Facilities Onboarded (HFR)
- 19,24,955 EHRs Generated
- 32+ Microsites activated across 7 states
- 100+ Digital Training Sessions conducted
- 200+ Field Staff deployed

Ayushman Bharat Card Enrollment Program

HCLFoundation

- DFY, supported by the HCL Foundation, has initiated the Ayushman Bharat enrollment program in Gautam Budh Nagar, Noida, UP.
- Ayushman Bharat is a flagship scheme by the Government of India providing health insurance up to INR 500,000 for economically vulnerable sections.

Activities

- Door-to-Door Campaigns: Educating beneficiaries & helped with registration
- Mission Vatsalya Drive: Enrolled eligible children in childcare institutions
- Tehseel Diwas Drives: Conducted community-level mobilization and on spot enrollments

- **Total Registration Done: 20968**
- **Ayushman Bharat Cards Issued: 19,497**

Bridge the Gap

- DFY, through its Bridge the Gap initiative, provided medical and financial assistance to underprivileged patients by facilitating diagnostics, treatment, and post-care follow-up.
- Key interventions included funding for PET scans, high-cost medications, and ongoing patient navigation support in coordination with tertiary hospitals.

Total No. of Cancer Beneficiaries: 59 [Male: 30| Female: 29]

Soap For Hope

Mumbai, Bangalore, Chennai, Goa, Kerala, Delhi, Jaipur, Kolkata

- Soap For Hope is a hygiene-focused skill development initiative aimed at promoting sanitation and providing free soap to underserved communities.
- 86,900 soap bars distributed to slum dwellers, schoolchildren, hospital patients, and mothers.
- World Hand Hygiene Day (5th May 2025), all centres held awareness sessions on handwashing, fun activities for children, and distributed soaps, biscuits, and stationery to 30–50 participants per centre.

1,28,210 new soap produced

Linen For Life

- Linens For Life is a sustainability and livelihood initiative that focuses on environmental conservation and community empowerment.

Project Achievements

- Total Linen Collected from Hotels: 7,373 kg
- Linen Successfully Upcycled: 4,000+ kg
- Upcycling Rate Achieved: Over 54% (Ongoing with remaining linen in process)
- Wayanad (Kerala): Upcycled bags filled with relief items distributed during flood relief.
- Bihar (Vistex Hospital): Baby kits distributed to newborns from underprivileged families.
- Punjab: School bags with nutrition kits given to anemic children.
- Nashik: TB patients received linen bags and nutrition kits.

Events & Activities Highlights

Menstrual Health Awareness session on International women's Day

Nukkad natak & Awareness session under Postpartum family planning training

Nutrition Awareness session

Awareness session on World No Tobacco Day

Blood Donation on world Blood Donor Day

Plantation Drive on World Earth Day

Events & Activities Highlights

International Yoga Day

Breast cancer Awareness

World Hand Hygiene Day

Awareness session on World Diabetes Day

Awareness session on World Cervical Cancer Day

Interactive activities on World Rare Disease Day

Events & Activities Highlights

ORS Distribution in Heatwave Response

Awareness & Screening event on World Anemia Day

Awareness session on World Mental Health Day

Awareness session on World Lung Cancer Day

Awareness session on complementary feeding

Health camp on World AIDS Day

Media coverage

मरीज़ों की तकलीफ दूर कर रहे हैं ये डॉक्टर्स

देशभर में 1 जुलाई को डॉक्टर्स डे मनाया गया। इस मौके पर NBT ऐसे डॉक्टरों और मेडिकल स्टाफ की कहानियां लेकर आया है जो जरूरतमंदों के इलाज के लिए मुश्किल चला रहे हैं। कोई कैंसर से पीड़ित मरीजों के लिए मुफ्त इलाज की सेवाएं दे रहा है, तो कोई अपनी सहूलियत से मरीजों को नई जिंदगी देने से पीछे नहीं हटता।

'नींद और भूख की फिक्र किए बिना करते हैं लगातार कई घंटे ड्यूटी'

'नहीं मिलती खाने और सोने की फुरसत': कोविड काल में डॉक्टरों को ऐसी ही चुनौतियों का सामना करना पड़ा था। इस दौरान कई डॉक्टर्स ने अपनी जान भी गंवाई। इसी वजह से डॉक्टर्स डे पर हम कुछ ऐसे डॉक्टरों से मिलवा रहे हैं, जो अपनी सहूलियत को दरकिनार कर मरीजों की सेवा में जुटे हैं।

'पांच बार लगती है 30 से 32 घंटे की ड्यूटी': नेशनल इंस्टीट्यूट ऑफ एपिडेमियोलॉजी में वैज्ञानिक डॉ. नीता राधाकृष्णन बताती हैं कि कैंसर के कुछ मरीजों को इलाज लेने में 1 से 2 साल तक लग जाते हैं। ऐसे में उन्हें 30 से 32 घंटे का लंबा सफर तय करना पड़ता है। इसके बाद भी उन्हें इलाज नहीं मिल पाता है। ऐसे में डॉक्टर्स को ही उन्हें ढांढस बंधाना पड़ता है।

'पढ़ाई के लिए वक्त निकालना मुश्किल': इलाज में लगने वाले लंबे समय के बारे में डॉ. नीता राधाकृष्णन कहती हैं कि उनके पास डॉक्टर बनने, फिर रेजिडेंसी करने के बाद लगभग 10 साल का समय था। इस दौरान डॉक्टर को कई घंटों की ड्यूटी करनी पड़ती है। ऐसे में उन्हें पढ़ाई के लिए समय निकालना मुश्किल होता है।

'नाइट शिफ्ट के तुरंत ही है मॉर्निंग शिफ्ट': मेडिसिन ऑन्कोलॉजी सुपर स्पेशलिटी अस्पताल में सीनियर रेजिडेंट डॉ. शिव कुमार शर्मा कहते हैं कि कई बार मरीजों का इलाज करने के बाद ही वो घर जाते हैं। और ड्यूटी खत्म होने के तुरंत ही है ड्यूटी करनी पड़ती है। ऐसे में कभी-कभी ऐसा होता है कि वह ना तो ड्यूटी करने पर जा पाते हैं और ना ही घर जा पाते हैं।

इनसे में 48 घंटे से ज्यादा नहीं हिला जाए काम: केलोनाम ऑफ रेजिडेंट डॉक्टर्स एसोसिएशन के प्रेसिडेंट डॉ. अक्षित भाटुर ने बताया कि सभी सरकारी अस्पतालों में लगभग 20 हजार रेजिडेंट डॉक्टर्स हैं, जो ऑफिस आवर और अनुपात की समस्या से जूझ रहे हैं। रेजिडेंट डॉक्टरों से 24 से लेकर 36 घंटे का काम लिया जा रहा है। वहीं है कि रेजिडेंट डॉक्टरों से हफ्ते में 48 घंटे से ज्यादा काम नहीं लिया जाना।

आया था कार्डियक अरेस्ट, लैब एक्सपर्ट की सूझबूझ से बची जान

ਇੰਡੀਅਨ ਆਇਲ ਦਾ ਸੀਐਸਆਰ ਪ੍ਰੋਜੈਕਟ 'ਅਨੀਮੀਆ ਮੁਕਤ ਬਚਪ
ਹੋ ਰਿਹਾ ਬੱਚਿਆਂ ਲਈ ਵਰਦਾਨ ਸਾਬਿਤ

PunjabTimes
Leading Punjabi & English daily newspaper

ਪੰਜਾਬ ਟਾਇਮਜ਼ ਖਬਰ

ਭਵਾਨੀਗੜ੍ਹ, 23 ਨਵੰਬਰ (ਕ੍ਰਿਸ਼ਨ ਗਰਗ)– ਇੰਡੀਅਨ ਆਇਲ ਦੇ ਉੱਤਰੀ ਖੇਤਰ ਪਾਈਪਲਾਈਨ ਅਤੇ ਮੁੰਬਈ ਦੇ ਐਨ ਜੀ ਓ ਡਾਕਟਰਜ਼ ਫਾਰ ਯੂ ਵਿਚਕਾਰ ਹਾਲ ਹੀ ਵਿੱਚ ਸੀਐਸਆਰ ਤਹਿਤ 'ਅਨੀਮੀਆ ਮੁਕਤ ਬਚਪਨ' ਪ੍ਰੋਜੈਕਟ ਨੂੰ ਲਾਗੂ ਕਰਨ ਲਈ ਇੱਕ ਸਹਿਮਤੀ ਪੱਤਰ (ਐਮਓਯੂ) 'ਤੇ ਹਸਤਾਖਰ ਕੀਤੇ ਗਏ ਹਨ। ਇਸ ਪ੍ਰੋਜੈਕਟ ਦੇ ਤਹਿਤ ਪੰਜਾਬ ਦੇ ਚਾਰ ਜ਼ਿਲ੍ਹਿਆਂ ਪਟਿਆਲਾ, ਸੰਗਰੂਰ, ਫਤਿਹਗੜ੍ਹ ਸਾਹਿਬ ਅਤੇ ਲੁਧਿਆਣਾ ਦੇ 72 ਸਰਕਾਰੀ ਸਕੂਲਾਂ ਦੇ ਬੱਚਿਆਂ ਲਈ ਅਨੀਮੀਆ ਸਕ੍ਰੀਨਿੰਗ ਅਤੇ ਪੋਸ਼ਣ ਸੰਬੰਧੀ ਕਾਮ ਕੀਤਾ ਜਾਵੇਗਾ। ਇਸ ਪ੍ਰੋਜੈਕਟ ਦੇ ਤਹਿਤ ਉਹਨਾਂ ਸਕੂਲਾਂ ਦੇ ਵਿਚ ਮੈਡੀਕਲ ਕੈਂਪ ਲਗਾਏ ਜਾ ਰਹੇ ਹਨ ਜਿਸ ਪਿੰਡ ਵਿਚ ਦੀ ਇੰਡੀਅਨ ਆਇਲ ਦੀ ਪਾਣੀਪਤ – ਜਲੰਧਰ ਐਲਪੀ ਪਾਈਪਲਾਈਨ ਲੰਗ ਰਹੀ ਹੈ। ਇ ਸਾਰਾ ਪ੍ਰੋਜੈਕਟ ਇੰਡੀਅਨ ਆਇਲ ਸੀਨੀਅਰ ਓਪਰੇਸ਼ਨ ਮੈਨੇਜਰ ਸ਼ ਪਰਮਿੰਦਰ ਸਿੰਘ ਜੋ ਪਾਈਪਲਾਈਨ ਦੇ ਨਾਲ ਦਫ਼ ਵਿਚ ਬੈਠ ਦੇ ਹਨ, ਦੀ ਦੇਖ ਅੰਦਰ ਚੱਲ ਰਿਹਾ ਹੈ। ਇਹ ਪ੍ਰੋਜੈ 10 ਤੋਂ 19 ਸਾਲ ਦੀ ਉਮਰ 7200 ਸਕੂਲੀ ਬੱਚਿਆਂ ਦੇ ਜੀਵ ਨੂੰ ਪ੍ਰਭਾਵਤ ਕਰੇਗਾ, ਜਿਸ ਵਿ ਬੱਚਿਆਂ ਦਾ ਅਨੀਮੀਆ ਟੈਸਟ ਕੀ ਜਾਵੇਗਾ, ਪੋਸ਼ਣ ਕਿੱਟਾਂ ਦਿੱਤੀ ਜਾਣ ਗਈਆਂ, ਜਾਗਰੂਕਤਾ ਲਗਾਏ ਜਾਣ ਗਏ ਜਿਸ ਨ ਬੱਚਿਆਂ ਵਿਚ ਅਨੀਮੀਆ ਰੋਗ ਟਾਇਆ ਜਾਵੇਗਾ।

வாகரா தாலுகா நா கடோதரா ગામમાં એક સફળ મફત તબીબી અને આંખ તપાસ કેમ્પનું આયોજન કરવામાં આવ્યું

(તસ્વીરઃ મનોજ ખંભાતા)

(પ્રતિનિધિ)વાગરા,તા.૨૬

વાગરા તાલુકા ના કડોદરા ગામમાં એક સફળ મફત તબીબી અને આંખ તપાસ કેમ્પનું આયોજન કરવામાં આવ્યું હતું, જેનો લાભ અનેક ગ્રામજનોને મળ્યો હતો.

આ કેમ્પ તારીખ ૨૫/૩/૨૦૨૫ના રોજ કડોદરા ગામ ની પ્રાથમિકશાળા ખાતે યોજાયો હતો, જ્યાં નિષ્ણાત ડોકટરો અને તબીબી વ્યાવસાયિકોની ટીમે ગ્રામજનો માટે સંપૂર્ણ તબીબી અને આંખ તપાસ કરી હતી.આ કેમ્પમાં વિવિધ સેવાઓ આપવામાં આવી હતી, જેમાં - ડોક્ટર દ્વારા મફત જનરલ તપાસ - આંખ તપાસ - આરોગ્ય સલાહ...

આ કેમ્પને ગ્રામજનો તરફથી જબરદસ્ત પ્રતિસાદ મળ્યો, જેમાં ૨૫૦ જેટલાં લોકોએ સેવાઓનો લાભ લીધો હતો કેમ્પે વિવિધ સ્વાસ્થ્ય સમસ્યાઓ ઓળખવામાં અને સારવાર કરવામાં મદદ કરી, સમુદાયમાં એકંદર આરોગ્ય અને સુખાકારીને પ્રોત્સાહન આપ્યું.

આ શિબિરનું આયોજન ડોક્ટર ફોર યુ NGO દ્વારા લુબ્રિઝોલ કંપની ના સહયોગથી કરવામાં આવ્યું હતું. આયોજકોએ શિબિરને શક્ય બનાવનારા પ્રાયોજકો, સ્વયંસેવકો અને તબીબી વ્યાવસાયિકોનો આભાર માન્યો.

நடமாடும் மருத்துவக்குழு முகாம்

குடியாத்தம்: பொதுசுகாதாரம் மற்றும் நோய்தடுப்பு துறை மற்றும் (DFY)டி எப் தன்னார்வலர் குழு சார்பில் ஏழை, எளிய மக்கள் பயன் பெறும் வகையில் தொலை தூர்த்தில் உள்ள கிராமங்களுக்கு மாதம்தோறும் குறிப்பிட்ட நாட்களில் கிராமங்களுக்கே சென்று நோய்களை கண்டறிந்து சிகிச்சை அளிக்கும் வகையில் நடமாடும் மருத்துவக்குழு ஏற்படுத்தப்பட்டது.

கலெக்டர் சுப்புலட்சுமி உத்தரவின் பேரில் மாவட்ட சுகாதார அலுவலர் பரணிதரன் மேற்பார்வையில் குடியாத்தம் வட்டாரத்துக் குட்பட்ட சேம்பள்ளி பஞ். அலுவலக வளாகத்தில் நடமாடும் மருத்துவகுழு சார்பில் முகாம் நடந்தது. இதில் டாக்டர்கள் கிரிஷ்மா, கிஷோர் ஆகியோர் தலைமையிலான மருத்துவக்குழுவினர் பஞ்.ல் பணியாற்றும் தூய்மை பணியாளர்கள் மற்றும் பொது மக்களுக்கு சர்க்கரை நோய், ரத்த அழுத்தம், காசநோய் உள்ளிட்ட பரிசோதனைகளை செய்தனர். நோய் கண்டறியப்பட்டவர்களுக்கு மருந்து, மாத்திரை வழங்கப்பட்டது. முகாமில் நர்சு ரம்யா, நர்சு உதவியாளர் கல்பனா, பஞ்.செயலாளர் கோட்டீஸ்வரன் ஆகியோர் உடன் இருந்தனர். இதேப் போல் இன்று வளத்தூர் கிராமத்திலும், நாளை ஓலகாசி கிராமத்திலும் மருத்துவ முகாம் நடக்க உள்ளதாக மருத்துவக் குழுவினர் தெரிவித்தனர்.

THE TIMES OF INDIA

Child PGI to get bone marrow transplant unit by next month

May 15, 2024, 04:12 AM IST

Noida: The Child Post Graduate Institute (PGI) is set to become a referral centre for paediatric bone marrow transplants (BMT). The institute will feature an eight-bed unit dedicated to BMT. It is expected to be ready by the end of May, with operations commencing in June, officials said.

Previously, the hospital had a one-bed BMT unit where in-patient department emergencies were treated. "The waiting period for emergency cases is around 1-2 months, and for elective BMT patients —non-emergency cases or patients from outside the hospital— the waiting time is generally 4-5 months," said Dr Nita Radhakrishnan, Associate Professor and HOD of pediatric haematology-oncology at Child PGI.

Doctors reported that an average of 25 patients were left without treatment every month. Since the unit opened in 2019, only 30 patients successfully underwent BMT treatment, despite an average of 50 new treatment requirements being registered at the hospital each year.

In 2023, out of 40 patients, only 8 received BMT treatment at the hospital.

"With the help of the new unit, the waiting time for patients is expected to be reduced. We will be able to create a system where at least 80 patients can be treated in a year," adds Radhakrishnan.

As a referral centre, patients from outside the state can also receive treatment at the hospital. The BMT centre is being developed with the help of a CSR project by an organization 'Doctors for You'.

"The organisation is funding Rs 2 crore for the infrastructure. However, the venue and other medical services will be given by the hospital," said Dr Arun Kumar Singh, Director of Noida Child PGI.

Awareness on menstrual hygiene at MHSS Kma

Correspondent

KOHIMA, MAR 17 (NPN): As awareness session on menstrual hygiene and the distribution of reusable sanitary napkins was conducted at Mewi Higher Secondary School, located below Bible College in Kohima on March 17. The event aimed to educate students and promote healthy hygiene menstrual practices.

Under Secretary of IDAN, I Changsang, speaking as the chief guest of the programme, emphasized the importance of such initiatives in building an ecosystem that addresses critical health issues. He stressed the need to openly discuss menstrual health and hygiene, particularly due to the stigma often associated with it, which disproportionately affects women.

Changsang highlighted that men should also be included in these conversations to raise awareness and sensitize them on the topic. He commended NHIDCL and the Doctors For You for organizing the programme and assured that the Nagaland government is committed to support and facilitate similar initiatives. He expressed the need to expand such programmes beyond schools to churches, social gatherings, and other platforms, as parents and communities also need to be informed and sensitized.

Changsang further elaborated on IDAN's efforts to prioritize health through various partnerships and CSR projects, ensuring that basic medical services reach all districts of Nagaland. He also mentioned about the ongoing efforts to develop policies that address grassroots-level issues while influencing decision-makers at the policy level for greater impact.

Joint Director and State Programme Officer (NPNCD) Dr Alemwabang Aier chaired the event and outlined the project's objectives, scope, and anticipated outcomes.

Nilutpal Das, Medical Officer, welcomed participants and pointed out the pressing need to bridge healthcare disparities in rural Nagaland. The programme concluded with a vote of thanks by Chief Medical Officer, Kohima Dr Leamnyei Konyak.

She explained that maintaining menstrual hygiene is essential not only for physical health but also for overall well-being. Dr. Linyi emphasized that menstruation is a natural biological process and discussed the importance of proper hygiene practices, including using clean materials, changing pads regularly, and ensuring safe disposal. She also highlighted the significance of a balanced diet, regular exercise, and staying hydrated for a healthy menstrual cycle. Dr Linyi advised against using scented feminine products and recommended breathable clothing. She introduced the reusable sanitary pads distributed during the event, explaining their benefits and proper usage.

The event successfully promoted open dialogue about menstrual health, encouraged the use of sustainable products, and emphasized the importance of hygiene and well-being for adolescent girls. It was jointly organised by National Highways and Infrastructure Development Corporation (NHIDCL), Investment and Development Authority of Nagaland (IDAN) and Doctors for you and hosted by Mewi Higher Secondary School Kohima.

Dignitaries and students at Mewi Higher Secondary School Kohima.

NAGALAND | 7

Nagaland aims to curb NCDs through early screening

...ccess to Care Na...aland: A Wellness ...itiative' launched

Morung Express News
Kohima | May 8

...mmissioner & Secretary Health and Family Wel...re, Anoop Khinchi, IAS has marked on the growing ...irden of lifestyle-related ...seases in Nagaland.

He was speaking at the ...ent of the initiative titled ...ccess to Care Nagaland: Wellness Initiative" at De...ental Grand, Kohima on ...y 8.

The new health pro...amme is aimed at en...ncing early detection and ...evention of Non-Com...unicable Diseases (NCDs) ...ich is a joint effort by Doc...s For You (DFY) and Sie...ns Healthineers in collab...ration with State National ...gramme for Prevention ...d Control of Non-Com...unicable Diseases (NP...D) Cell, Department of ...alth & Family Welfare.

Commissioner & Secretary of Health and Family Welfare, Anoop Khinchi, IAS along with the organisers and officials during the launching of Access to Care – Nagaland: A Wellness Initiative at De Oriental Grand, Kohima on May 8. (Morung Photo)

He described the initiative as crucial and important to sensitize people to reverse ...ing adverse lifestyle and raise awareness among the popu...lace to address the burden faced by this region.

The Corporate Social Responsibility (CSR) Programme is said to be dedicated to the screening of NCDs and capacity building of healthcare providers in Nagaland especially in underserved regions.

The Commissioner pointed out the affects that NCDs have on human lives in the long run which are also a cause of premature deaths noting that detection, screening and treatment of NCDs play an important part in the region.

He said, "This programme will serve as a catalyst in making preventive healthcare more accessible to communities. Early detection not only saves lives but also lowers treatment expenses, supporting the Sustainable Development Goals (SDGs)."

CSR Head of Siemens Healthineers Shwetanjali Kumari speaking at the event expressed how the company is dedicated to improving healthcare in remote areas.

He commented that the programme is not just a project or investve an initiative to 'invest' in the well-being of the present and future generations.

Dr Shefali Agarwal, Director (Strategy & Transformation) at Doctors for You pointed out that the project underscores a collective responsibility to serve vulnerable populations. Agarwal affirmed that the goal of DFY is to ensure equitable access to quality healthcare for all.

Under Secretary of the Investment and Development Authority of Nagaland (IDAN), I Changsang spoke about how non communicable diseases are silent killers. He opined that early intervention is vital and highlighted the importance of multi-sector collaboration in strengthening healthcare systems and service across the state.

Joint Director and State Programme Officer (NPNCD) Dr Alemwabang Aier chaired the event and outlined the project's objectives, scope, and anticipated outcomes.

Nilutpal Das, Medical Officer, welcomed participants and pointed out the pressing need to bridge healthcare disparities in rural Nagaland. The programme concluded with a vote of thanks by Chief Medical Officer, Kohima Dr Leamnyei Konyak.

Media coverage

Rajat Jain: 'Strengthening government facilities has a larger impact than creating a parallel system'

Feedback

'Our way of looking at disasters has now changed'

Civil Society News, New Delhi

Leave your Comment >

The Sentinel
of this land, for its people

Awareness programme on menstrual hygiene

GUWAHATI, March 20: To commemorate International Women's Day, an awareness camp on "Menstrual Hygiene Management" was held at LOG Hindi High School, Fancy Bazaar, Guwahati, with the support of National Highway Infrastructure Development Corporation Limited (NHIDCL), Regional Office, Guwahati, as part of its Corporate Social Responsibility (CSR) initiative. It was implemented by "Doctors For You" (DFY), a humanitarian organization dedicated to strengthening public health services.

Dr. Anuradha Barthakur, Joint Director, District Health Services (FW), provided invaluable knowledge to everyone present, especially the students of LOG High School, and commended NHIDCL for its financial contribution of Rs20,00,000/- (Rupees Twenty Lakh Only) towards the initiative, describing it as "a significant and impactful step" towards empowering women through awareness and access to proper menstrual hygiene products. She emphasized the importance of such programmes in promoting good health and well-being, especially for adolescent girls, and urged NHIDCL and DFY to conduct similar awareness sessions regularly.

The camp featured an informative session on menstrual hygiene management, where participants were educated on the importance of maintaining hygiene during menstruation, the safe-use and disposal of sanitary products, and ways to manage menstrual discomfort. The session also addressed common myths and misconceptions surrounding menstruation, aiming to foster a more informed and open dialogue.

As part of the initiative, reusable sanitary napkins were distributed among the participants, promoting sustainable and cost-effective menstrual-hygiene solutions. The attendees expressed their appreciation for the practical knowledge shared and the access to reusable hygiene products, stated a press release.

मोबाइल मेडिकल यूनिट द्वारा किया गया चिकित्सा

सुवर्ण कुमार भोई

दैनिक उज्वल ,बरमकेला/राज्य सरकार द्वारा ग्रामीण शहरों में "डॉक्टर आपके द्वार"चिकित्सा कार्य किया जाता है।आज ग्राम पंचायत विष्णुपाली में चिकित्सा अधिकारी, नर्स,चिकित्सा यूनिट की टीम,सरपंच प्रतिनिधि जपो पटेल की उपस्थिति में 60 मरीजों का नि:शुल्क इलाज व दवाई वितरित किया गया।जहां मरीजों ने बी पी,शुगर,पल्स सहित अन्य टेस्ट भी किए।इतनी भारी संख्या में लोगों ने इलाज करते हुए देख यही लगता है कि यह योजना काफी कारगर साबित होती हुई नजर आ रही है।मेडिकल यूनिट के डाक्टर विजय गुप्ता ने बताया कि मरीजों ने रुचि दिखाते हुए भारी संख्या में लाभ लेते हुए देखकर हमें भारी खुशी हुई।जहां अन्य बीमारियों टीवी, चर्मरोग,सर्दी जुकाम,लू,सहित अन्य बीमारियों का इलाज हमारे मोबाइल मेडिकल यूनिट द्वारा किया गया।

आंगनबाड़ी केंद्र संख्या 169 पर गोद भराई कार्यक्रम आयोजित

गर्भवती महिलाओं को दी गई पोषण थाली, चुनरी ओढ़ाकर किया गया सम्मान

न्यूज रकेल के.नगर

के. नगर प्रखंड अंतर्गत ग्राम पंचायत बिठनौली पश्चिम स्थित डैनी शर्मा टोला के आंगनबाड़ी केंद्र संख्या 169 पर सोमवार को गोद भराई कार्यक्रम का भव्य आयोजन किया गया। यह आयोजन बकरीद की छुट्टी (07 जून) के कारण 09 जून को संपन्न हुआ।

कार्यक्रम का शुभारंभ आशा कार्यकर्ता गुड्डी कुमारी, आशा फैसिलिटेटर सबीना खातून, प्रखंड समन्वयक (DFY) अंजनी मिश्रा तथा आंगनबाड़ी सेविका बबली देवी, पूजा कुमारी, राखी देवी, वरुण कुमारी, देवकी देवी, लक्ष्मी कुमारी, इंदु देवी, रंजू कुमारी और समुदाय के सक्रिय सदस्य जाहिद हुसैन की उपस्थिति में हुआ। कार्यक्रम में बड़ी संख्या में ग्रामीण महिलाएं और पुरुष मौजूद रहे।

सम्मान और पोषण का संदेश: इस गोद भराई कार्यक्रम में गर्भवती महिलाओं को पारंपरिक रीति से चुनरी ओढ़ाई गई, टीका लगाया गया और उनकी गोद में पोषण से भरपूर थाली रखी गई। इस थाली में गुड़, चना, हरी सब्जियां, फल, अंडा, दूध, पोषाहार और आयरन व कैल्शियम की गोलियां शामिल थीं। यह आयोजन गर्भवती महिलाओं के प्रति सम्मान और उनके स्वास्थ्य के प्रति जागरूकता का संदेश था।

सेहतमंद मां, सेहतमंद बच्चा: प्रखंड समन्वयक अंजनी मिश्रा और आशा गुड्डी कुमारी ने उपस्थित महिलाओं को गर्भावस्था में पोषण के महत्व की जानकारी दी। उन्होंने बताया कि सेहतमंद मां ही सेहतमंद शिशु को जन्म देती है और इसके लिए संतुलित आहार व आवश्यक दवाएं बेहद जरूरी हैं।

ज्ञात हो कि प्रत्येक माह की 7 तारीख को सभी आंगनबाड़ी केंद्रों पर गोद भराई दिवस मनाया जाता है, लेकिन इस माह त्योहार के कारण यह आयोजन 9 जून को किया गया।

The Morung Expr...

MENSTRUAL HYGIENE MANAGEMENT: NHIDCL, DFY distributes reusable sanitary napkin

Dignitaries with students during awareness camp on 'Menstrual Hygiene Management' in Kohima on March 17. (Morung Photo)

Our Correspondent

Kohima | March 17

With an objective to create awareness on the importance of menstrual health and hygiene for the well-being of women and adolescent girls, an awareness camp on "Menstrual Hygiene Management" and distribution of reusable sanitary napkin took place today at Mewi Higher Secondary School, Kohima.

This programme, marking International Women's Day, was part of the Corporate Social Responsibility (CSR) of the National Highway Infrastructure Development Corporation Limited (NHIDCL) and implemented by Doctors For You (DFY) with the support of Investment & Development Authority of Nagaland (IDAN).

Addressing the camp, I Changsang, Under Secretary IDAN commended NHIDCL for funding this programme, terming it as very important and helpful programme for women.

Requesting NHIDCL & DFY to do more such programmes, he maintained that adequate sensitization and education on menstrual hygiene are crucial for good health and well-being of women and adolescent girls.

In this, Changsang stressed the need to sensitize the school students, parents, rural women, teachers and church workers. Men folk also need to be sensitized, he added.

Changsang informed that IDAN has been working closely with different organizations across the state.

DFY is one of our partners, he said.

Further, he stressed on the need to cultivate a healthier society as good health and well-being, listed as one of the 17 Sustainable Development Goals (SDGs).

Dr. Nilutpal Das, a representative from DFY said that in Nagaland, DFY was making meaningful strides in health care through initiative such as cancer screening programme, dialysis centre in Dimapur District Hospital, Histopathology labs at Naga Hospital Authority Kohima and Mokokchung District Hospital.

In general, Dr. Das said that for the past 17 years, DFY has been at the forefront of health care and disaster response and saving many lives across India, from maternal and child health to cancer care, tuberculosis management, hospital capacity building and disaster relief.

"As we embark on today's programme (Awareness camp on Menstrual Hygiene)," Let us reaffirm our collective responsibility towards accessible, equitable and effective health care regarding menstrual hygiene and health," he said.

Our mission has always been to serve the most vulnerable individuals and communities, Dr. Das added.

Reyivolu, CDPO, Urban ICDS, Social Welfare department also spoke at the awareness session while Dr. Kehuosenuo Linyu from NHAK talked on "Menstrual Hygiene."

ग्रामीणों के इलाज में मददगार है डॉक्टर आपके द्वार एमएमयू वाहन

जनकर्म संवाददाता

सारंगढ़-बिलाईगढ़। आर्थ्रोसी भारत सरकार के विद्युत मंत्रालय के प्रशासनिक नियंत्रण के अंतर्गत एक महारत्न कंपनी है, जिसके माध्यम से जिले में 5 मोबाइल मेडिकल यूनिट (एमएमयू) वाहन से डॉक्टर आपके द्वार संचालित की जा रही है। केंद्र और राज्य सरकार की ओर से ग्रामीणों के गांव, मोहल्ला, घर के पास इलाज के लिए यह बेहतर स्वास्थ्य सुविधा है। सारंगढ़ ब्लॉक के ग्राम मौहापाली में एमएमयू वाहन में चिकित्सक, स्टॉफ नर्स, फार्मासिस्ट ने ग्रामीणों को स्वास्थ्य सेवा उपलब्ध कराया। एमएमयू वाहन में शुगर, खून की मात्रा हीमोग्लोबिन जांच, ब्लड प्रेशर और थाल (ऑक्सीमेट्री) जांच सुविधाओं के साथ नि:शुल्क दवा वितरण व्यवस्था थी। बच्चे, बूढ़े, जुवुर्ग सभी आयु वर्ग के ग्रामीणों ने अपना इलाज कराया। बुजुर्ग और फ्रेल्थ महिलाओं सहित किसान परिवार के सभी सदस्यों के लिए धान कटाई, मंडाई और किसी आदि के कई काम में व्यस्त हैं। ऐसे माहौल में किसी के बीमार होने पर इलाज की घर पहुंच सेवा ने ग्रामीणों के लिए मददगार साबित हुआ है। सारंगढ़ ब्लॉक में डॉक्टर को मौसम साफ नहीं था। हल्की बारिश और बादल के मौसम में भी अलग मोहल्ला के निवासी किसान परिवार अपने धान के सफाई और मंडाई के साथ साथ इलाज भी कराए हैं। ग्रामीणों ने पीएम नरेंद्र मोदी, सीएम विष्णु देव साय और कलेक्टर धर्मेश साहू को

मालेगावी ५५ क्षयरोग रुग्णांना अन्न धान्याचे किट वितरित

मालेगाव:-जागतिक क्षयरोग दिना निमित्त, डॉक्टर्स फॉर यू टीमने मालेगाव येथे NTEP टीमसोबत कार्यक्रम क्षयरोग विरुद्धच्या लढ्यात योगदान दिले. रुग्ण कल्याणासाठीच्या बचनबद्धतेचा एक भाग म्हणून, प्रधानमंत्री टीबी मुक्त भारत अभियान अंतर्गत महानगरपालिका आयुक्त रविंद्र जाधव साहेब यांच्या हस्ते पार पडले.

या प्रसंगी श्रीमती नूतन खाडे मॅडम अतिरिक्त आयुक्त, श्रीमती पद्मश्री सिस्साट मॅडम, उपायुक्त, गणेश शिंदे सर, उपायुक्त, डॉ. जयंती आहेर मॅडम आरोग्य अधिकारी, दिनेश मोरे,आस्थापना निरीक्षक, श्री डॉ. कविकेश साळुंके,शहर क्षयरोग अधिकारी,पंकज सोनवणे,जनसंपर्क अधिकारी, राकेश ठेठे शहर कार्यक्रम व्यवस्थापक, बालाजी ठाकूर,शहर लेखा व्यवस्थापक यांच्यासह आरोग्य कर्मचारी आणि महानगरपालिकेच्या विविध विभागाचे कर्मचारी उपस्थित होते. ही मोहिम मालेगाव शहरातील दानशूर व्यक्ती दादा भाई मन्सुरी - समीर ट्रेडर्स, रशीद मन्सुरी - अफफान किराणा,अनिस मन्सुरी - अफिया टाईल्स,अशफाक मन्सुरी -लाल किराणा, असिफ मन्सुरी -महाराष्ट्र ट्रेल्स, पाकिजा मन्सुरी यांच्या योगदानातून शक्य झाली. ज्यांनी पवित्र रमजान महिन्यात गरजू रुग्णांसाठी मदत निधी दान केला. त्यांच्या हस्ते ५५ क्षयरोग रुग्णांना अन्नधान्याचे कीट वितरित करण्यात आले.

सदर कार्यक्रमासाठी शहर क्षयरोग अधिकारी डॉ.कविकेश साळुंके सर यांनी मार्गदर्शन केले. कार्यक्रमाचे नियोजन डॉक्टर फॉर यु चे व्यवस्थापक शाहिद शेख. PPM अमजद खान, NTEP वरिष्ठ पर्यवेक्षक वैद्य सर, स्वप्नील पंडित सर व वरिष्ठ प्रयोगशाळा पर्यवेक्षक जगदीश कापडणीस व फार्मासिस्ट मंगेश खैनार यांनी केले.

स्वास्थ्य और पोषण के लिए समुदाय जागरूकता बैठक

न्यूज स्केल के. नगर

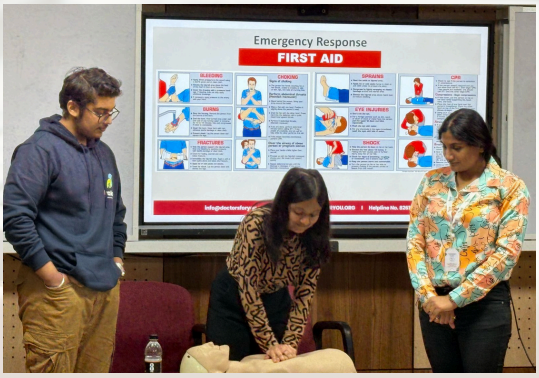
के. नगर प्रखंड क्षेत्र के बनभाग चुनापुर पंचायत के भुटहा टोला में स्वास्थ्य और पोषण कार्यक्रम को मजबूत करने के लिए समुदाय जागरूकता बैठक का आयोजन किया गया ! बैठक की अध्यक्षता आँगनबाडी सेविका मीना देवी एवं प्रखंड समन्वयक (DFY) अंजनी मिश्रा ने किया।

बैठक में महिलाओं के स्वास्थ्य से जुड़ी कई जरूरी जानकारियां दी गईं। इसमें प्रसव पूर्व जांच, प्रसव के बाद की जांच, एनीमिया, उच्च जोखिम वाले प्रसव, टीकाकरण, गोद भराई, अन्न प्राशन, बच्चों की वृद्धि निगरानी, और कुपोषित बच्चों की पहचान कर उन्हें रेफरल स्वास्थ्य केन्द्र भेजने जैसे विषय शामिल रहे। इस मौके आँगनबाडी सेविका मीना देवी और गांव के सदस्य भारती कुमारी, खुशबू कुमारी,अनीता कुमारी मौजूद रही।

வேலூர் மாவட்டம் குடியாத்தம் ஒன்றியத்துக்குட்பட்ட வளத்தூர் ஊராட்சியில் பொது சுகாதாரம் மற்றும் நோய் தடுப்பு துறை மற்றும் (DFY) தன் ஆர்வலர் குழு இணைந்து நடமாடும் மருத்துவ முகாம் நடந்தது. ஊராட்சி மன்ற தலைவர் நிர்மலா சேட்டு தலைமை வகித்தார். இதில் டாக்டர்கள் கிரிஷ்மா, கிஷோர் ஆகியோர் தலைமையிலான மருத்துவ குழுவினர் ஊராட்சியில் பணியாற்றும் தூய்மை பணியாளர்கள் மற்றும் பொதுமக்களுக்கு சர்க்கரை நோய், ரத்த அழுத்தம், காச நோய் உள்ளிட்ட பரிசோதனைகள் செய்தனர். நோய் கண்டறியப்பட்டவர்களுக்கு மருந்து மாத்திரைகள் வழங்கப்பட்டது. இதில் சுற்று பகுதி கிராமங்களை சேர்ந்த மக்கள் கலந்து கொண்டனர். முகாமில் செவிலியர் ரம்யா, செவிலியர் உதவியாளர் கல்பனா, பஞ்சாயத்து செயலாளர் ரேவதி மற்றும் சுகாதார ஆய்வாளர் சரத் ஆகியோர் உடன் இருந்தனர்.

Workshops & Conferences

Disaster Management workshop



- Doctors For You, in collaboration with HCLF and Delhi College of Arts and Commerce, conducted a Disaster Management Workshop on February 28, 2025, to equip youth with life-saving skills.
- Participants learned CPR, first-aid, and emergency response techniques for disasters like earthquakes, floods, and heatwaves.

Perinatal Mental Health conference

- The session focused on raising awareness about mental health during pregnancy and postpartum, highlighting early signs, support systems, and the importance of mental well-being for both mothers and newborns.

Effective CSR Management for Higher Social Impact

- The “Effective CSR Management for Higher Social Impact” workshop by IIM Calcutta equipped CSR professionals with practical tools on impact assessment, theory of change, financial reporting, and proposal writing.
- Through interactive sessions and group exercises, participants learned to design strategic CSR initiatives that deliver measurable and sustainable social outcomes.

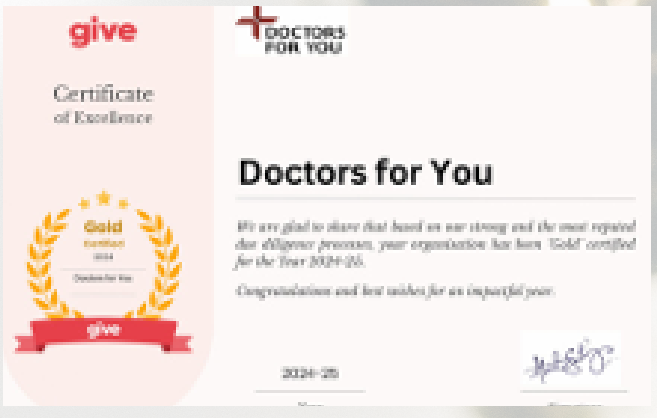
Awards

- DFY, with the support of Powerlinks Transmission Ltd., successfully organized a Mega Health Camp in Bihar, bringing quality healthcare and renewed hope to rural communities.

- DFY is a proud partner of the Asian Track and Para Cycling Championship held on 21st to 26th February 2024 in New Delhi.

- A moment of pride as DFY, inaugurate the Ultrasound Machine at the MSK and Sports Intervention Unit, Sports Injury Centre, Safdarjung Hospital, New Delhi.

- The Department of Public Libraries, Govt. of Arunachal Pradesh, gratefully acknowledges DFY's generous CSR support in renovating the District Library, Bomdila.



- Doctors For You (DFY) has been awarded the prestigious Gold Certification for 2024–25 by Give, recognizing our commitment to transparency, impact, and excellence in healthcare

Capacity Building & Training

Amua Care Training Program in Bomdilla

The training program focused on enhancing maternal health awareness, promote family involvement during pregnancy and reproductive well-being. A total of 200 participants took part in the sessions.

- Expectant Mothers learned about normal pregnancy progression, common complications, nutrition, hospital deliveries, and postnatal care.
- Expectant Fathers were guided on providing emotional support, sharing responsibilities, and participating in healthcare and newborn care.
- Teenage Students received age-appropriate education on reproductive and sexual health.

Nurturing the First 1000 Days of Life

Quarterly training sessions conducted to enhance the skills and awareness of frontline workers on:

- Maternal and Child Healthcare Services
- Developmental Milestones & Complementary Feeding
- Family Planning under the First 1000 Days approach

Research Area

Comprehensive Tribal TB Management Program for Decentralized TB Care Services

- It will be a multicentric study, conducted in 9 different states covering tribal blocks to eliminate TB in the proposed geography. Our team will be working towards elimination of TB in Mandla- one of the tribal districts of Madhya Pradesh covering the whole of district which includes beneficiary population of nearly 12 lakh and 24 thousand.

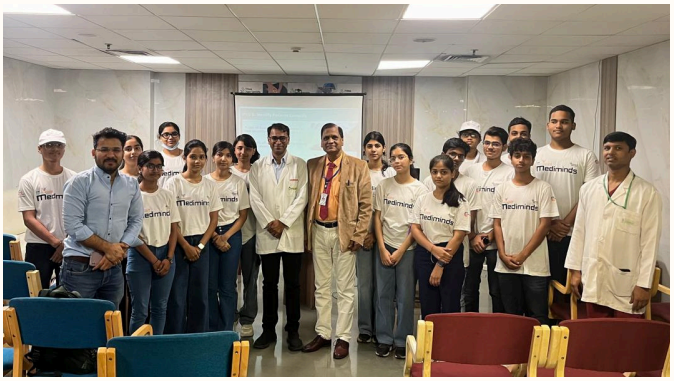
One Health Lab

- R & D Centre of Doctors for You at Central Laboratory PICU, SKMCH Campus, Umanagar, Muzaffarpur, Bihar

Internship/Volunteering

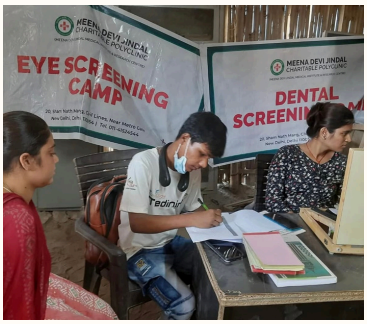
- Doctors For You (DFY) has implemented a comprehensive internship and volunteership program in collaboration with MediMinds, CSR partners, and educational institutions, aimed at strengthening public health outreach and community engagement.
- The program mobilized CSR volunteers, student interns, and school volunteers who actively participated in a wide range of activities such as health camps, cancer awareness drives, OPD assistance, and school-based health promotion sessions.

Total Beneficiaries: 305



- The efforts directly benefited individuals through health education, IEC distribution, community mobilization, and counselling support. By integrating young professionals and students into field activities, the initiative not only enhanced healthcare access and awareness in underserved areas, also fostered a spirit of social responsibility and experiential learning among the participants.

- **Beach Cleaning Drive (Gorai Beach, Mumbai)**
- **Health Camps (Mumbai, Kolkata, Delhi)**
- **Patient Awareness Sessions**



Contributing Partners

- **HDFC Ergo**
- **Adobe**
- **Mediminds**
- **Johnson & AMP; Johnson PVT. LTD,**

mediminds
India Healthcare Business Specialists

A CSR Initiative by:
HDFC ERGO

Adobe

Testimonials

I am writing to express my heartfelt gratitude for the exceptional work being done by Doctors for You through their help desk established at VMMC & Safdarjung Hospital for cancer patients. Their comprehensive support system has been truly transformative, providing patients and families with navigation assistance, counseling services, nutritional guidance, and help with medical investigations during one of the most challenging times in their lives. Beyond their dedicated human support, Doctors for You has significantly enhanced the hospital's capabilities by providing essential equipment, including a DEXA scan machine, ultrasound equipment, monitors, etc. They also provided a golf cart for patient transportation. Their holistic approach addresses the physical, emotional, and practical needs of patients, creating a patient-centered environment where individuals feel supported and cared for beyond just their medical treatment. Under the visionary leadership of Dr. Rajat Jain, President - Doctors for You, this initiative exemplifies the highest standards of compassionate healthcare and community service, making a profound difference in the lives of countless patients and their families.

Poonam Dhanda
Medical Social Welfare Officer
& Member CSR Committee

Collaborating with Doctors For You (DFY) has been a deeply fulfilling experience for our organization. DFY has consistently demonstrated an unwavering commitment to bringing quality healthcare to those who need it most. From disaster relief to long-term community health initiatives, their approach combines medical expertise, innovation, and compassion, ensuring lasting impact. One area where DFY's work has truly stood out is in supporting cancer care. We have seen firsthand how DFY's Help Desk initiatives guide patients andfamilies through the often overwhelmingjourney of cancer diagnosis and treatment. By providing counselling on chemotherapy side effects, psychosocial support, and assistance in accessing financial aid, DFY empowers patients to continue their treatment with confidence and dignity. Their team's dedication to bridging the gap between medical care and patient preparedness has transformed countless lives. DFY's efforts go beyond treatment—they focus on building awareness, improving early detection, and ensuring equitable access to cancer therapies, especially for economically disadvantaged patients. Their model of holistic patient navigation reflects a deep understanding of the emotional, physical, and financial challenges faced by cancer patients and their caregivers. Working with DFY has reinforced our belief in partnerships that truly change lives. Their professionalism, transparency, and compassionate approach make them an invaluable ally in our shared mission to make healthcare accessible for all. We are proud to stand alongside DFY and look forward to continuing our collaboration in driving positive change.

Dr. Smita Kayal
Additional Professor & Head
Department of Medical Oncology
JIPMER, Puducherry

The J R Khattar Charitable Trust, Deonar, has had the privilege of partnering with Doctors For You (DFY) in supporting the Ishwar Devi Khattar Health Clinic over the past three years. It is heartening to witness the steady progress in healthcare services at the clinic, particularly in the OPD and Dental OPD, which have shown marked improvement in quality and patient care. The dedication and teamwork of the doctors, support staff, and management have significantly enhanced the clinic's impact in the Natwar Parekh area. With a strong commitment to community care, dignity, and accessibility, the clinic has become a reliable and valued health resource for the local population. We are confident that with continued focus and compassionate service, the clinic will further strengthen its role in addressing community health needs. We extend our heartfelt appreciation and best wishes to the DFY team for their unwavering efforts and ongoing commitment to public health.

M D Khattar
J R Khattar Charitable Trust

DOCTORS FOR YOU

THERE TO CARE

Partner's

Governing & Management Team

Governing Body

Dr. Ravikant
Founder

Dr. Rajat Jain
President

Dr. Nidhi Singh

Mr. Saket Jha

Dr. Praveen Kumar Gupta

Dr. Vineet Maheshwari

Dr. Naresh Kumar Gupta

Dr.Tanya Sehgal

Executive Body

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Mr. Shandeepan G

Mr. Sunny Borgohain

Dr. Shweta Arora

Mr. Jacob Oomen Arikupuram

Dr. Prakerti Kashyap

Mr. Rakesh Rane

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Dr. Shubhangi Agarwal

Photo Gallery

DOCTORS FOR YOU
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THANK YOU